

# McCarthy Middle School

## Strengthening the Social and Emotional Health of Middle School Students

2016-2017 Grant Recipient

### GRANT

\$16,000 was awarded to bring in quality PD to McCarthy Middle School aimed to help staff gain a better understanding of the mental health needs of today's students. It also offered practices/suggestions that could help reduce anxiety in students as well as practice that help promote and nurture strong connections between students and adult staff. The grant also allowed a Youth Risk Behavior Survey to be given to all 7&8 grade students in Chelmsford.

### IMPACT

This has impacted over 160 staff members and 1250 students in both Middle Schools in Chelmsford Public Schools. The goal is to alleviate anxiety in their students and be able to build and maintain meaningful relationships with their students. They believe that if a student feels connected with at least one adult at school, their likelihood of being successful increases.

