



## THE 17<sup>TH</sup> ANNUAL INTERNATIONAL SURVIVORS OF SUICIDE LOSS DAY HEALING CONFERENCE

A free program open to all who have lost someone to suicide

WHEN: Saturday, November 21, 2015

WHERE: Family Services of the Merrimack Valley
430 North Canal Street
Lawrence, MA 01840 (please follow directions on <a href="http://fsmv.org/Contact.html">http://fsmv.org/Contact.html</a>)

TIME: 10:00 am to 2:00 pm - Continental breakfast and lunch will be served.

PROGRAM: The conference will consist of a 30 minute documentary developed by AFSP called "Family Journeys: Healing and Hope after a Suicide", a chance to connect with other survivors in a small and confidential setting and an opportunity to share your personal experience and talk about your loved one. The event will be facilitated by a suicide loss survivor.

For the 4th year, we will have a *Holiday Remembrance Tree*. Please bring an ornament/small holiday decoration that reminds you of your loved one. We'll decorate the tree together and then we'll have holiday greeting cards professionally made for you with a picture of your ornament. We will mail them to you in early December, our gift to you. We will also give out our remembrance wristbands and have a special remembrance activity this year.

## YOU ARE NOT ALONE!



PLEASE JOIN US.

Registration is required. To register or to get more information, please either call or email Debbie at 978-327-6671 or <a href="mailto:dhelms@fsmv.org">dhelms@fsmv.org</a>.

This event is sponsored by the American Foundation for Suicide Prevention (AFSP) and hosted by the Mass. Coalition for Suicide Prevention-Northeast Region.