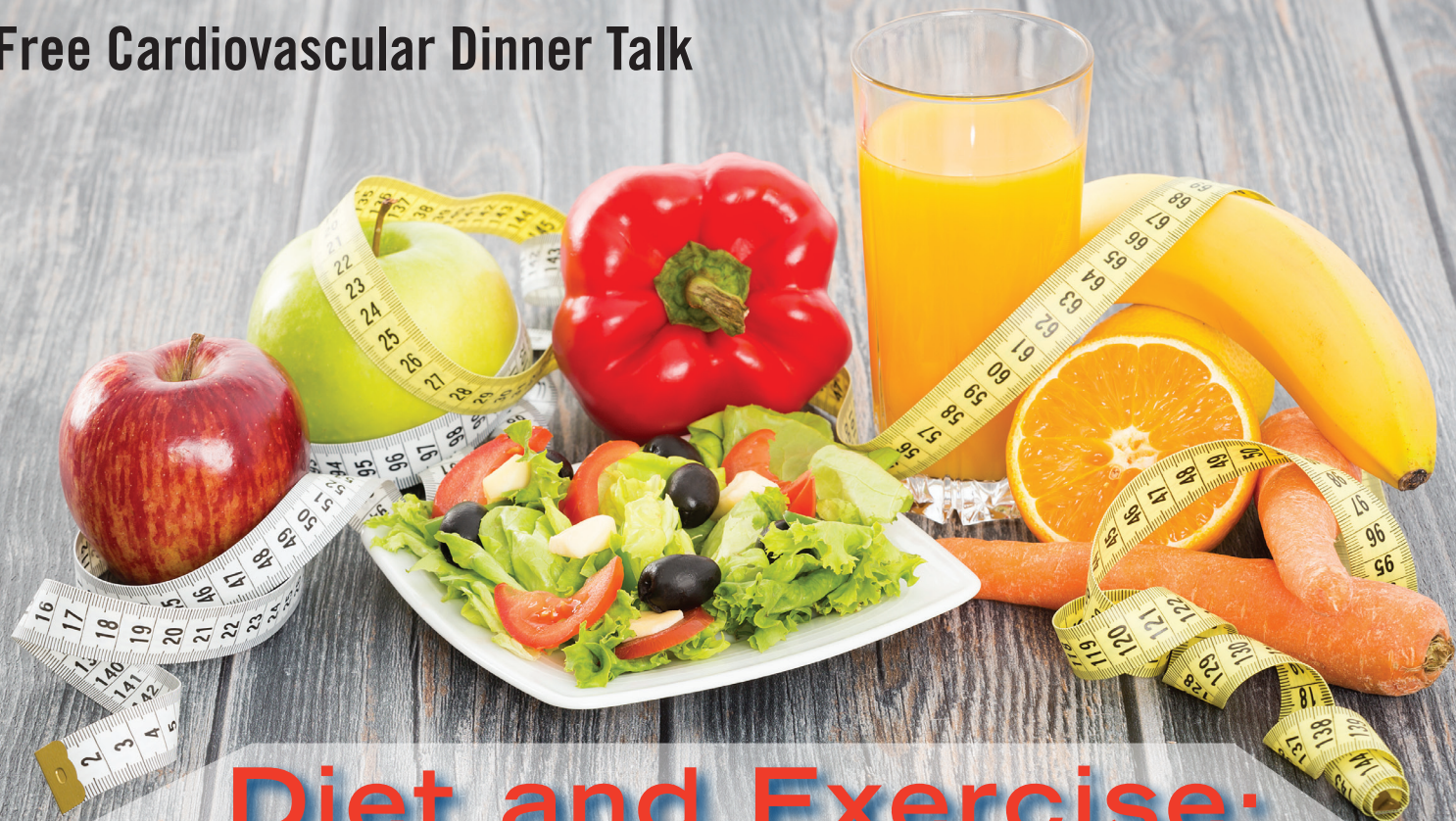


Free Cardiovascular Dinner Talk



Diet and Exercise: Primary Prevention of Cardiovascular Disease

February 4, 6:00-8:00pm

Lowell General Hospital, Main Campus, Clark Auditorium

Guest Speakers:

Miret Ibrahim, MD FACC

Merrimack Valley Cardiology

Liz Dahlgren, RD LDN

*Lowell General Hospital
Center for Weight Management
& Bariatric Surgery*

Lisa Grieco

*Lowell General Hospital
Registered Respiratory Therapist*

Learn the importance of diet and exercise to help prevent the development of coronary artery disease (CAD). Together we can prevent and control coronary artery disease by taking action in managing risk factors with heart healthy lifestyle changes.

The dinner talk is FREE.

A buffet dinner will be provided.



Registration is required!

Call 1-877-LGH-WELL (1-877-544-9355)

