

THE MENTAL HEALTH ASSOCIATION OF GREATER LOWELL

SUBSTANCE ABUSE AND PREVENTION SPECIALIST

\$10,000 WAS AWARDED BY THE GLHA IN GRANT SEASON 2014-2105

- APPROXIMATELY 30% OF THE MHAGL'S CASELOAD ARE YOUTH.
- THE MHAGL HIRED A PART-TIME SUBSTANCE ABUSE PREVENTION SPECIALIST TO WORK WITH YOUTH AND FAMILIES IN THEIR OUTPATIENT CLINIC.
- COLLABORATION WAS FOCUSED ON 3 PRIMARY AGENCIES WHO WORKED WITH HIGH-RISK YOUTH: LOWELL POLICE DEPARTMENT, UNITED TEEN EQUALITY CENTER (UTEC), AND LOWELL SCHOOLS.
- CLINICAL PREVENTION SERVICES INCLUDE INDIVIDUAL, FAMILY, AND GROUP WORK.

PROJECT GOALS & OBJECTIVES

- THIS PROJECT SOUGHT TO DEVELOP AN INDIVIDUAL, FAMILY, AND GROUP TREATMENT CURRICULUM, AND TO NETWORK WITH KEY COLLABORATIVE PARTNERS TO DISCUSS REFERRAL PROCEDURE. THIS WAS DONE TO PREPARE THE MHAGL FOR THE APPLICATION OF DIRECT SERVICES.
- THIS PROJECT ALSO SOUGHT TO PROVIDE DIRECT CLINICAL SERVICES THROUGH PROVIDING INTAKE ASSESSMENTS TO A MINIMUM OF 90 UNIQUE YOUTH OR ADULT CLIENTS, AND PROVIDE INDIVIDUAL PREVENTION EDUCATION TO 70 UNIQUE CLIENTS AFTER ASSESSMENT. OF THESE CLIENTS, AT LEAST 75% WILL BE REFERRED TO FOLLOW-UP SERVICES.
- MHAGL ALSO SOUGHT TO FACILITATE 6-8 WEEK PREVENTION AND EDUCATION GROUPS.

OUTCOMES

- THE SUBSTANCE ABUSE PREVENTION SPECIALIST HAS DEVELOPED A RESOURCE GUIDE, AND CURRICULUM FOR ALL 30 OF THE MHAGL'S CLINICAL STAFF.
- A CONNECTION WAS MADE WITH THE COMMUNITY LIAISON AT THE LOWELL POLICE DEPARTMENT. THEY ARE NOW ABLE TO MAKE REFERRALS, OR REQUEST COLLABORATION AS NEEDED.
- SUBSTANCE ABUSE PREVENTION SPECIALIST HAD MADE CONNECTIONS WITH THE LOWELL TRANSITIONAL LIVING CENTER, LOWELL HOUSE, AL-ANON AND ALATEEN, AND NARCOTICS ANONYMOUS.