



The Massachusetts Chapter of the American Academy of Pediatrics (MCAAP)
presents its Annual CME Edward Penn Lecture and Business Meeting

*Schools and Health Care Providers Working Together
to Promote the Health and Wellbeing of Children and Youth*

**May 9, 2018 – 9:30 am – 4:00 pm at the
Massachusetts Medical Society, Waltham, MA**

9:30 am – **Registration**

9:55 am – **Welcome** - Chairs of School Health Committee – Lisa Dobberteen, M.D., Co-Chair MCAAP School Health Committee, Pediatrician, Cambridge Health Alliance, Assistant Professor in Pediatrics at Harvard Medical School and Karen Sadler, M.D. Co-Chair, MCAAP School Health Committee, School Health Physician for Framingham Public Schools

10:00 am – 11:00 am – ***“Bending the Curve; The Power of Early Identification and Treatment in Neurodevelopmental Disorders”*** – Edward Penn Memorial Lecturer - Leonard Rappaport, M.D., MS, Senior Associate in Medicine, Boston Children’s Hospital, Mary Deming Scott, Professor of Pediatrics, Harvard Medical School

Learner Objectives:

- Identify and link the sensitive periods of development to opportunities for intervention
- Describe the role of screening in improving developmental profiles for children
- Identify resources with tools for screening for autism and other early childhood risks

11:00 am – 12:00 pm - ***Identifying and Intervening in Substance and Alcohol Issues*** – Nicolas Chadi, M.D., Pediatric Addiction Medicine Fellow at Boston Children's Hospital, Boston Children's Hospital, Harvard T.H. Chan School of Public Health

Learner Objectives:

- Review the epidemiology of alcohol and substance use in middle and high school students
- Describe best practices for Screening, Brief Intervention and Referral to Treatment (SBIRT) in schools
- Discuss the role of health providers and school personnel in supporting the treatment and re-entry of students with substance use disorders

12:00 pm – 1:30 pm – ***Business Meeting and Lunch***

1:30 pm – 2:00 pm - ***State of School Health and High-Quality Initiatives for Children and Youth with Special Health Care Needs (CYSHCN)*** - Judy Palfrey, M.D., Chair of the MCAAP CYSHCN Committee, Pediatrician, Director Global Pediatrics Program, Boston Children's Hospital. Past President of the American Academy of Pediatrics, Professor of Society and Human Development, Harvard Medical School and Aubrey Threlkeld, Ed.D. Education Leader/Consultant/Professor, Van Loan School, Endicott College, Harvard University School of Education

Learner Objectives:

- Summarize the history and principles that are the foundation of special education legislation and regulations
- Identify the current federal and state legislation and regulations affecting special education
- Define examples of effective interactions between health providers and special educators

WORKSHOPS – 2:00 pm – 4:00 pm

WORKSHOP 1 (choose 1): 2:00 pm - 3:00 pm

- ***School Health Communication 101 – Regulations, models, documentation, (including concussion and immunization documentation), HIPAA/FERPPA, IEPs***
 - Lisa Dobberteen, M.D., Co-Chair MCAAP School Health Committee, Pediatrician, Cambridge Health Alliance, Assistant Professor in Pediatrics at Harvard Medical School
 - Rick Moriarty, M.D., Co-Program Director, MCAAP Immunization Initiative
 - Michael Posner, M.D., School Health Physician, Paulo Freire Social Justice Charter School
 - Tracy Rose-Tynes, BSN, RN, Cambridge Health Alliance

Learner Objectives:

- Identify the MA Department of Public Health/School Health Unit's wealth of resources as well as pertinent regulations governing the health of children in schools
- Explain school nurse and school health physician collaboration and strategies for success in the care of all children, including return to school, medication administration, Epi-pens, and more
- Review immunization update
- Review of concussion regulations and "return to play" requirements
- Explain the school health physician's role in the special education evaluation and implementation process

- ***Mental Health Resources in Schools***

- Julie Love, MSN, APRN, PMHNP-BC, PPCNP-BC, Director, McLean School Nurse Liaison Project, McLean SouthEast

Learner Objectives:

- Discuss the potential for maximizing underutilized expertise in existing school staff, particularly school nurses, through increased collaboration
- List three services a consultant can offer to increase the effectiveness of existing school staff in the promotion of mental health in schools as well as the management of psychiatric or behavioral problems
- Describe the process of replicating such a program in districts which lack the resources to implement an extensive mental health initiative

- ***Immigrant Health Services in Schools***

- Celeste Atallah-Gutierrez, Ph.D., Instructor of Psychiatry, Harvard Medical School, Staff Psychologist, Boston Children's Hospital
- Ivys Fernandez-Pastrana, JD, Program Manager, Family Navigator at Boston Medical Center
- Lara Jirmanus, M.D., MPH, Primary Care Physician, Cambridge Health Alliance, Clinical Instructor, Harvard Medical School, Fellow, FXB Center for Health and Human Rights Harvard School of Public Health
- Julia Koehler, M.D., Chair, MCAAP Immigrant Health Committee, Associate Physician in Medicine, Boston Children's Hospital, Assistant Professor of Pediatrics, Harvard Medical School

Learner Objectives:

- Identify challenges that can impact immigrant children's educational achievements
- Identify community resources beyond the school and the pediatric practice that can assist students and their families in addressing their challenges
- Identify signs and symptoms of stress that can impede classroom success

WORKSHOP 2 (choose 1): 3:00 pm – 4:00 pm

- ***School Health Communication 101 - Regulations, models, documentation (including concussion and immunization documentation), FERPPA/HIPAA, IEPS (REPEAT content from 2 pm - 3 pm session)***

- Rick Moriarty, M.D., Co-Program Director, MCAAP Immunization Initiative
- Michael Posner, M.D., School Health Physician, Paulo Freire Social Justice Charter School
- Karen Sadler, M.D. Co-Chair, MCAAP School Health Committee, School Health Physician for Framingham Public Schools.
- Judith Styer, BSN, RN, BA, NCSN, Director of Health and Wellness, Framingham Public Schools

Learner Objectives:

- Identify the MA Department of Public Health/School Health Unit's wealth of resources as well as pertinent regulations governing the health of children in schools
 - Explain school nurse and school health physician collaboration and strategies for success in the care of all children, including return to school, medication administration, Epi-pens, and more
 - Review immunization update
 - Review of concussion regulations and "return to play" requirements
 - Explain the school health physician's role in the special education evaluation and implementation process
- ***Supportive Programs for LGBTQ Youth in the Schools***
 - Valerie Frias, Executive Director, Greater Boston PFLAG

Learner Objectives:

- Identify health disparities and for improved LGBTQ health
 - Identify available school-based resources for LGBTQ youth
 - Identify LGBTQ youth health needs and school-based issues that are disproportionate to LGBTQ youth such as bullying, substance abuse, drop-out rates, etc.
- ***Bullying Prevention in Schools***
 - Elizabeth Englander, Ph.D., Director and Founder of the Massachusetts Aggression Reduction Center, Professor of Psychology at Bridgewater State University

Learner Objectives:

- Define the emotional impact of bullying versus fighting and other types of peer cruelty
- Define how social media use is related to bullying and cyberbullying
- Identify how to work with parents and schools to minimize bullying and cyberbullying

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\$80 Registration Fee

*For more information or to register,
please contact Cathleen Haggerty at
chaggerty@mcaap.org.*