Grief Support Groups: Fall 2022

During this difficult time, sessions are offered both in person and online so those who are grieving may continue to find comfort and learn coping skills.

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| **General Loss**ThursdaysOct. 20 – Dec. 1 (skip 11/24)Six-week session3:00 – 4:30 p.m. Parish of the Epiphany, Winchester, MA**LGBTQIA+ Loss**TuesdaysAug. 30 – Dec. 205:30 – 7:00 p.m.Every other week *Virtual via Zoom***Social Knitting Group** WednesdaysWeekly, ongoing1:00 – 3:00 p.m. Plaistow Public Library,Plaistow, NHayYarn donations are appreciated. For more information, call 978.374.9257 or 978.979.1497 | **Loss of Spouse/Partner**TuesdaysSept. 13 – Dec. 6Every other week4:30 – 6:00 p.m.High Pointe HouseHaverhill, MATuesdaysOct. 25 – Dec. 136:00 – 7:15 p.m.Eight-week session*Virtual via Zoom*WednesdaysSept. 7 – Dec. 145:30 – 7:00 p.m.Every other week*Virtual via Zoom***Loss Due to COVID-19**ThursdaysOct. 27 – Dec. 8 (skip 11/24)10:00 – 11:15 a.m.Six-week session*Virtual via Zoom* | **Workshop Groups:****Cooking & Eating for One**MondaysOct. 3, Oct. 24, Nov. 215:30 – 7:00 p.m.*Virtual via Zoom***Workshop Groups:** **Coping with the Holidays**ThursdaysNov. 17, Dec. 1, Dec. 155:00 – 6:30 p.m.St Michael’s Parish,North Andover, MAWednesdaysNov. 16, 11:00 a.m. – 12:00 p.m.Dec. 14, 6:00 – 7:00 p.m. *Virtual via Zoom* |

For more information or to register for a support group, call 978.552.4510 or visit careathome.org/support-groups.