Grief Support Groups: Fall 2022

During this difficult time, sessions are offered both in person and online so those who are grieving may continue to find comfort and learn coping skills.

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| **General Loss**  Thursdays  Oct. 20 – Dec. 1 (skip 11/24)  Six-week session  3:00 – 4:30 p.m.  Parish of the Epiphany, Winchester, MA  **LGBTQIA+ Loss**  Tuesdays  Aug. 30 – Dec. 20  5:30 – 7:00 p.m.  Every other week  *Virtual via Zoom*  **Social Knitting Group**  Wednesdays  Weekly, ongoing  1:00 – 3:00 p.m.  Plaistow Public Library,  Plaistow, NHay  Yarn donations are appreciated. For more information, call 978.374.9257 or 978.979.1497 | **Loss of Spouse/Partner**  Tuesdays  Sept. 13 – Dec. 6  Every other week  4:30 – 6:00 p.m.  High Pointe House  Haverhill, MA  Tuesdays  Oct. 25 – Dec. 13  6:00 – 7:15 p.m.  Eight-week session  *Virtual via Zoom*  Wednesdays  Sept. 7 – Dec. 14  5:30 – 7:00 p.m.  Every other week  *Virtual via Zoom*  **Loss Due to COVID-19**  Thursdays  Oct. 27 – Dec. 8 (skip 11/24)  10:00 – 11:15 a.m.  Six-week session  *Virtual via Zoom* | **Workshop Groups:**  **Cooking & Eating for One**  Mondays  Oct. 3, Oct. 24, Nov. 21  5:30 – 7:00 p.m.  *Virtual via Zoom*  **Workshop Groups:**  **Coping with the Holidays**  Thursdays  Nov. 17, Dec. 1, Dec. 15  5:00 – 6:30 p.m.  St Michael’s Parish,  North Andover, MA  Wednesdays  Nov. 16, 11:00 a.m. – 12:00 p.m.  Dec. 14, 6:00 – 7:00 p.m.  *Virtual via Zoom* |

For more information or to register for a support group, call 978.552.4510 or visit careathome.org/support-groups.