

Substance Use & Mental Health Resource Guide



Vision

A healthier community through collaboration, education, and the coordination of services

RESIDENTIAL TREATMENT



MEGAN'S HOUSE

- WOMEN 18-30 YEARS OLD
- 6 TO 12 MONTH PROGRAM
- IN-HOUSE CLINICIAN
- GROUP THERAPY
- RECREATIONAL ACTIVITIES
- ON-SITE GYM
- LIFE SKILLS-BUILDING
- CASE MANAGEMENT
- FAMILY ENGAGEMENT
- STRUCTURED SCHEDULE

SOBER SUPPORTIVE HOUSING



ERIN'SHOUSE



EMMA'SHOUSE

- WOMEN 18 AND OVER
- LIVE UP TO 2 YEARS
- SUBSTANCE-FREE HOME
- CASE MANAGEMENT
- LIVE-IN HOUSE MANAGER
- PEER SUPPORT

Our supportive housing is contracted by BSAS/DPH which exceeds the guidelines. All referrals accepted and scholarships are available.

"Together We Make a Difference!"

For more information please call 978-455-6973



PYRAMID
Healthcare, Inc.

Acute Treatment Services (ATS) and Clinical Stabilization Services (CSS) in Concord, MA

MassHealth Plans & Commercial Insurance Accepted

24 HOUR
ADMISSIONS

TRANSPORTATION
PROVIDED

MEDICATION
ASSISTED
TREATMENT (MAT)



Pyramid Healthcare has more than 25 years of experience providing compassionate, evidence-based, high-quality behavioral healthcare. With more than 80 facilities across the eastern U.S., our integrated system of care offers a complete continuum of substance use, mental health, co-occurring and eating disorders treatment as well as educational services, with a commitment to enhancing access and eliminating barriers to life-saving care.

785 Main Street, Concord, MA 01742 • pyramidhealthcare.com

24/7 ADMISSIONS: (857) 305-8255



Alcohol & Drug Abuse Counseling Certificate



For more information,
scan the QR code or visit

necc.be/human-services

CONTACT INFORMATION

Human Services Program Coordinator

humanservices@necc.mass.edu

Approved by the Council of Standards in Human Services Education, NECC's program is based on the **National Addiction Counselor Competencies and the National Support Skill Standards.**



This 35-credit program, that is required by BASAS prepares you to work towards your LADC in the Commonwealth of Massachusetts.



BE PART OF A TEAM THAT WORKS FOR YOU

Vinfen is a leading non-profit provider of community-based services across Massachusetts, including our Community Behavioral Health Center on Varnum Avenue in Lowell, and the Restoration Center of Greater Lowell, a low barrier, supportive environment for adults experiencing the effects of substance use and/or mental health crisis, opening in Spring 2026.

WE ARE HIRING CLINICIANS:

- Master's degree in Social Work, Psychology, Counseling Psychology, or other LCSW/LMHC/LPHA licensure-eligible program required
- LCSWs, LICSWs, LMHCs, LADCs, or CADCs must be licensed in Massachusetts.
- We offer competitive pay, clinical supervision, training, CEUs, and professional development while you make a difference in a community near you!

Explore your next meaningful career opportunity with us!

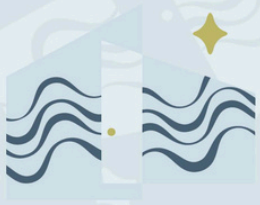


Tufts Medicine

Lowell General Hospital

The Bridge Clinic





Riverbend

**Is Proud to Support the GLHA
Substance Use Disorder Speaker Series.**



Community Outreach



Residential Programs



Outpatient Clinic

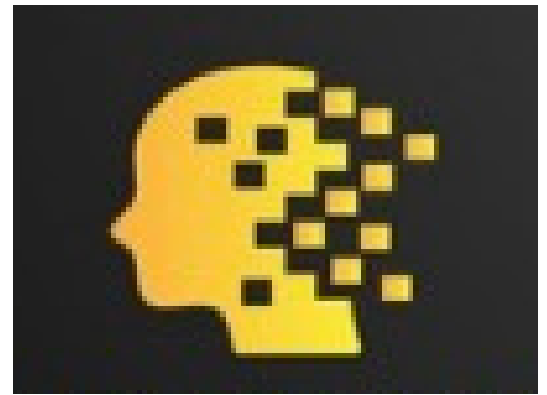


Recovery Support Services

**101 Jackson St,
Lowell Ma 01852
info@riverbendmv.org
978-459-8656
www.RiverbendndMV.org**



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Acknowledgements



This document is a compilation of Substance Use Disorder efforts throughout Merrimack Valley.

Thank you to all who contributed to this resource guide.

We hope that through this effort we will continue to learn more about what services are available, work towards eliminating silos, and coordinate services across the communities.



Health Departments

Billerica Health Department

365 Boston Road, Room G03
Billerica MA 01821
Phone Number: 978-671-0931
Fax: 978- 371 - 1919
Monday- Friday: 9:00 am - 5:00 pm

Chelmsford Health Department

50 Billerica Road Town Offices, Rm 102
Chelmsford, MA 01824
Phone Number: 978-250-5241
Fax: 978-250-5244
Monday, Wednesday, Thursday: 8:30 am - 4:00 pm
Tuesday: 8:30 am- 7:00 pm & **Friday:** 8:30 am - 1:00 pm

Dracut Health Department

Town Hall, 62 Arlington St
Dracut, MA 01826
Phone Number: 978-453-8162
Monday, Wednesday, Thursday: 8:30 am - 4:00 pm
Tuesday: 8:30 am- 7:00 pm & **Friday:** 8:30 am - 1:00 pm

Lowell Health Department

107 Merrimack St 4th Floor
Lowell, MA 01852
Phone Number: 978-674-4010
Monday, Wednesday, Thursday: 8:00 am - 5pm
Tuesday: 8:00 am- 8:00 pm & **Friday:** 8:00 am - 12:00 pm

Health Departments

Tewksbury Health Department

Town Hall, 1009 Main St, Lower Level

Tewksbury MA 01876

Phone Number: 978-640-4470

Fax: 978-640-4472

Monday, Wednesday, Thursday: 7:30 am- 4:30 pm

Tuesday: 7:30 am - 6:00 pm & **Friday:** 7:30 am - 12:30 pm

Tyngsborough Health Department

25 Bryant Lane

Tyngsborough, MA 01879

Phone Number: 918-640-4470 Ext. 118

Monday, Tuesday: 8:30 am- 4:30 pm

Wednesday: 8:30 am- 7:00 pm, **Thursday:** 8:30 am - 4:00 pm

Friday: Closed

Westford Health Department

55 Main St

Westford, MA 01886

Phone Number: 978- 692- 5509

Fax: 978- 399 - 2558

Monday-Friday: 8:00 am - 4:00 pm

Wilmington Health Department

Town Hall, 121 Glen Road, Room 5

Wilmington, MA 01887

Phone Number: 978- 658- 4298

Fax: 978- 694- 2045

Monday- Friday: 8:30 am - 4:30 pm

Hotlines

Alcoholics Anonymous:

978-957-4690

Narcotics Anonymous:

866-624-3578

Disaster Distress:

1-800-985-5990

Drug Free Workplace:

1-800-WORKPLACE (1-800-967-5752)

Massachusetts Poison Control Center:

800-222-1222

Massachusetts Substance Abuse Information & Education:

800-327-5050

SAMHSA National Helpline:

1-800-662-HELP (1-800-662-4357)

TTY: 1-800-487-4889

Suicide Prevention Lifeline:

1-800-273-TALK (1-800-273-8255)

TTY: 1-800-799-4889

Online Resources

www.drugfreegreaterlowell.org

www.helpline-online.com

www.suicidepreventionlifeline.org

www.wellconnected.net

EDUCATION & PREVENTION

- Greater Lowell Health Alliance Substance Use & Prevention Task Force
- Health Innovations
- Lowell Community Health Center Office Based Addiction Treatment (OBAT)
- MassCALL3B
- MindWise Innovations
- Northeast Tobacco Free Community Partnership
- North West Public Health Coalition
- The New England Consortium
- Westford Health Department
- Wilmington Police Department
- Zack's Team Foundation
- Prevention Partners of Northern Middlesex (PPNM)
- Elm Tree Clinic

GLHA Substance Use & Prevention Task Force

The Greater Lowell Health Alliance Substance Use & Prevention Task Force works to strengthen collaboration in the Greater Lowell community to prevent and reduce substance abuse among youth and adults. The Task Force has grown to include over 30 local health and human service agencies, as well as youth, parents, law enforcement officials, and elected officials

We urge you to join us in addressing the substance abuse and addiction crisis. Attend one of our task force meetings or contact us to learn how you can get involved. The Substance Use and Prevention Task Force meets the first Tuesday of every month from 9-10:30 am. Visit our website for upcoming dates.

Website: <https://www.greaterlowellhealthalliance.org/health-priorities/substance-use-and-prevention/>

Contact: amanda.clermont@greaterlowellhealthalliance.org



Address:

55 Technology Dr
Lowell, MA 01854

Mailing Address:

295 Varnum Ave
Lowell, MA 01854

Phone Number:

978- 934- 8531

Email:

Amanda.clermont@greaterlowellhealthalliance.org

Health Innovations

Health Innovations is a free testing clinic that services the Greater Boston Area. Their focus is to find solutions, implemtations, evaluations and trainings across all spectrums of service. They provide a plethora of services to increase access to healthcare and prevention screenings.

- Services:
 - Testing for HIV, Hepatitis C, and STIs
 - Connection to medical/mental healthcare and detox
 - Connection to treatment for drug and alcohol disorders
 - Narcan and syringe exchange services
 - Assistance with health insurance
 - Referrals to medical and mental healthcare

Lowell Community Health Center

Lowell Community Health Center (Lowell CHC) is a federally qualified health center serving low income, immigrant, and refugee populations in the Greater Lowell (MA) area. Services include: primary medical care; OB-GYN; behavioral health services; HIV testing; counseling and treatment; Office Based Addiction Treatment (OBAT) program; alternative therapies; case management; community health promotion; specialty care; 403(B) pharmacy; dental and vision clinics; an afterschool youth development program; and comprehensive school-based health clinics.

Lowell CHC is a member of the Wellsense Care Alliance, a MassHealth Accountable Care Organization (ACO); a partnership between WellSense Health Plan and Tufts Medical Center, Lowell Community Health Center, Lowell General Hospital and Melrose Wakefield Hospital. This accountable care organization (ACO) is made up of doctors, hospitals and other providers who work alongside each other to improve access to care and reduce health disparities for low-income individuals and families. Our mission is to provide caring, quality and culturally competent health services to the people of Greater Lowell, regardless of their financial status; to reduce health disparities and enhance the health of the Greater Lowell community; and to empower each individual to maximize their overall wellbeing.



Address:

205 Middlesex St Lowell MA
01852

Phone Number:

781-733-5562

Email:

Mhatch@healthinnovationsinc.com

Website:

<https://www.healthinnovationsinc.com/lowell>



Address:

161 Jackson St Lowell, MA
01854

Phone Number:

978-937-9700

Website:

www.lchealth.org

Lowell Community Health Center-continued

In addition to its outpatient clinical programs, the OBAT department has a team of outreach educators who provide a variety of overdose and opioid related educational workshops, trainings, and participate in community events. The team collaborates with community-based programs, faith-based organizations, and the schools to provide these services. New projects are being incepted to provide more group work with specific populations such as women and recently released men from incarceration. Some of the services available within OBAT include medication-assisted treatment, nurse case management, recovery coaching, harm reduction resources, social services supports, and behavioral health services with a behavioral health clinician (counselor) and/or prescriber. Clients can engage with some or all of the services offered. There is "no wrong door" to enter and every treatment plan is patient specific.



Address:

161 Jackson St
Lowell, MA 01854

Phone Number:

978-322-8848

Website:

www.lchealth.org

MassCALL3B

Communities of Billerica, Chelmsford, Dracut, Tewksbury (lead), Tyngsborough, Westford and Wilmington work on substances of first use (alcohol, cannabis, nicotine (vaping)). Following several BSAS funded initiatives, this MC3 focusses on these substances in a trauma informed health equity lens. MassCALL3 is a BSAS funded initiative looking at the risk and protective factors leading to substance use disorder in our youth through a trauma informed health equity lens.

The Greater Lowell region consists of the communities of Billerica, Chelmsford, Dracut, Tewksbury (lead), Tyngsborough, Westford and Wilmington working together in upstream prevention. MassCALL3B grants are designed to support community efforts to prevent misuse of substances of first use (e.g., alcohol, nicotine, cannabis) among youth. These grants are provided to communities with existing capacity, infrastructure, and experience implementing a systematic public health planning process and/or implementing a comprehensive set of evidence-based prevention programs, policies, and practices. Website: www.drugfreegreaterlowell.org

Address:
1009 Main St
Tewksbury, MA 01876

Phone Number:
Maria Ruggiero
(978) 382- 4989

Website:
<https://preventionpartnersnm.org/our-communities/tewksbury/>

Email:
mruggiero@tewksbury-ma.gov

MindWise Innovations

MindWise Innovations is powered by the behavioral health experts at Riverside Community Care. MindWise equips schools, workplaces, colleges, and communities with tools to help them address mental health issues, substance use, and suicide risk – enabling their members to live healthier lives. Our suite of products have been proven to reduce suicide attempts and includes online tools and trainings that provide guidance to those struggling with depression, opioid and substance use, anxiety, trauma, eating disorders, and more. MindWise partners with organizations who want to end the stigma that prevents their members from seeking assistance. Through informing, identifying, and connecting individuals with quality resources, MindWise empowers organizations to promote the well-being their community members deserve – and ultimately saves lives.



Address:

270 Bridge St
Suite 205
Dedham, MA 02026

Phone Number:

781-239-0071

Website:

www.mindwise.org

Email:

dveira@mindwise.org

Northeast TOBACCO FREE Community Partnership

Address

1 Griffin Brooke Dr
Methuen, MA 01844

Phone Number:

978-722-2864

Website:

www.makesmokinghistory.org

Email:

Ashley.hall@glfhc.org

Northeast Tobacco Free Community Partnership

Funded by the Massachusetts Tobacco Cessation and Prevention Program, the Northeast Tobacco Free Community Partnership serves 49 cities and towns in Northeast Massachusetts and supports communities' efforts to help people quit using tobacco/nicotine products, prevent youth from using tobacco/nicotine products, and protect people from secondhand smoking. We provide free education and support about vaping, smoke-free housing, and cessation. We also support local municipalities on tobacco regulations.

North West Public Health Coalition

The North West Public Health Coalition (N.West) is comprised of the Boards of Health and Health Departments of Acton, Dracut, Lowell, and Westford, Massachusetts. The group was formed in the Summer of 2021 as a result of the Public Health Excellence and Shared Services funding released by the MA Department of Health to formalize municipal partnerships, increase services, and to offer regional programs.

The North West group meets monthly to develop and strengthen regional programming, share information, resources develop regional policies, and manage shared services.

Reach out at (978) 399-2564 to learn more about services, programs, and events related to substance use or mental health.

The New England Consortium

The New England Consortium (TNEC) at UMass Lowell is the region's model Hazardous Waste Operations and Emergency Response (HAZWOPER) Worker Health and Safety training organization.

Since 1987, TNEC has provided dynamic hands-on, participatory health and safety training. With simulated works tasks and mock incidents, students better understand work site hazards and how to properly respond in an emergency. We offer training on-site and at our training center for public agencies and private companies. Workers who can benefit from TNEC's training are employees who come in contact with hazardous waste and materials, employees who respond to hazardous work site situations and emergencies and Management, Supervisors, Training leaders, Health and Safety officers, and Material handlers. We train municipal employees, engineering firms, chemical manufacturers, waste facilities, Police Officers and Colleges and Universities.

For further information contact Therese O'Donnell at 978-934-3329 or therese_odonnell@uml.edu. Visit our website www.uml.edu/tnec and register for our courses as well as our open enrollment calendar with regularly scheduled courses.



Phone:
978-399-2564

Website:
<https://www.nwcoalition.com/>



Address
600 Suffolk St
Suite 513
Lowell, MA 01854

Phone Number:
978-934-3257

Website:
www.uml.edu/tnec

Email:
tnec@uml.edu

Westford Health Department/Westford Board of Health

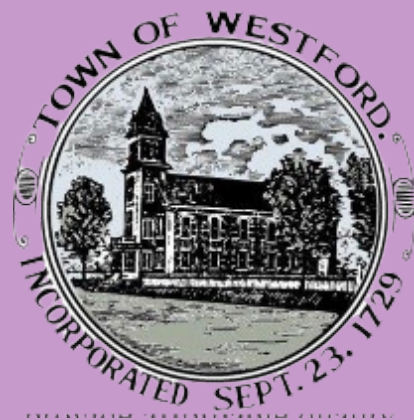
The mission of the Westford Health Department / Board of Health is to achieve the highest level of wellness for all Westford residents and employees by reducing the incidence of illness and death. This is accomplished by assessing community needs, adopting, and enforcing health regulations and implementing improved community strategies to provide affordable quality health care and preventative health programs and services.

Our Substance Misuse Prevention Program works closely with Westford Police, School Departments, the Westford Parent Support group, Community Behavioral and Mental Health Committee, and other local and state organizations to bring substance use prevention programs to the community. We have helpful resources available on alcohol, tobacco, drug, and substance use.

The Westford Health Dept. accepts from Westford residents used syringes, needles, and lancets only, no prescription or non-prescription medication will be taken at the Health Department. Please ensure that they are brought in a puncture proof container (such as a detergent bottle) and placed in the smallest containers possible. This will help minimize costs associated with disposal. There are two kiosks in the police lobby, one for sharps disposal only and the other for medication only.

Free Narcan rescue kits and training are available at Westford Health Department located at Town Hall 2nd floor, Mon-Fri 8:00am -4:00pm. If you have any questions, please call the Westford Health Department at 978-692-5509.

Contact the Westford Health Department at 978-692-5509 for more information on available resources or contact Rae Dick at rdick@westfordma.gov



Address
55 Main St
Westford, MA 01886

Phone Number:
978-692-5509

Website:
<https://www.westfordma.gov/215/Health-Department>

Email:
rdick@westfordma.gov

Wilmington Police Department

Funded by the Town of Wilmington, the Public Safety Department has an in-house clinician who has the ability to serve anyone connected to Wilmington, MA. The clinician works primarily in partnership with police and fire/EMT around calls for service involving mental health and substance use; in addition, the clinician assists in resources sharing, referrals and admissions, continuum of care, service applications, brief treatment, and crisis assessments. Community members can access services outside of police/EMT involvement by contacting the Wilmington Police Department or by stopping into the station, all involvement is voluntary at the individual's choice. In addition, the Wilmington Substance Abuse Coalition organizes prevention and educational events to encourage community involvement and awareness of mental health and substance use across ages.

Website: www.wilmingtonma.gov/wilmington-substance-abuse-coalition



Address:
1 Adelaide St
Wilmington, MA 01887

Phone Number:
978-658-5071

Email:
sreif@wpd.org

Website:
www.wilmingtonma.gov/wilmington-substance-abuse-coalition

Zack's Team Foundation

Zack's Team foundation was founded by Louise Griffin and Michael Gys following the passing of their son Zachary Dennis Gys after struggling with substance abuse for many years.

We believe that recovery is possible. We consider it our duty to bring attention to the common misconceptions of substance abuse. It is our mission to provide knowledge, hope and funds to help those families and persons affected by this wide-spread epidemic and disease. Many people fail to realize that substance abuse takes over one's mind and body. It becomes a lifelong battle and it is almost impossible to win the battle alone.

Finding appropriate treatment programs can be expensive, difficult, and confusing. Zack's Team Foundation uses 100% of its proceeds to send individuals to treatment. We believe in a 12-step based approach committed to helping individuals overcome the disease of addiction. We are also committed to spreading awareness and reversing the stigma that is often associated with those that suffer from this debilitating disease.

To apply for a scholarship through Zack's Team Foundation, the following criteria must be completed:

- Residency in the Greater Lowell Area
- Between the ages of 18-30 years old
- Exhaustion of all other financial means

Applications are available online www.zacksteam.org. We are happy to answer all other questions you may have at zacksteam818@gmail.com



Address:

21 Eastview Ave
Billerica, MA 01821

Website:

www.zacksteam.org

Email:

zacksteam818@gmail.com

Prevention Partners of Northern Middlesex (PPNM)

The Prevention Partners of Northern Middlesex (PPNM) is a collaboration of eight communities who work closely together to help reduce substance misuse with specific intentions for youth under the age of 18. Each community is a part of MassCALL3-Greater Lowell (MC3-GL).

The Massachusetts Collaborative for Action, Leadership, and Learning 3 (MassCALL3) grant initiative is a grant cycle that builds upon successes of previous prevention efforts and concentrates on substances of first use (alcohol, cannabis, and nicotine) through a trauma-informed health equity lens in our youth. Referred to as MassCall3, these efforts involve these eight communities, with the Town of Tewksbury being the lead.

Communities of the Greater Lowell Region coming together to address substance use disorder and mental health!



Address:
1009 Main St
Tewksbury Ma 01876

Phone Number:
978-382-4989

Website:
<https://preventionpartnersnm.org/>

Email:
Regionalppnm@gmail.com

Elm Tree Clinic

Elm Tree Clinic's outpatient facilities, located in Lowell, Malden, and Quincy, specialize in comprehensive, evidence-based treatment for individuals facing substance use disorders (SUD) and co-occurring mental health disorders. Our multidisciplinary team provides personalized care plans that combine medical, therapeutic, and holistic approaches to support long-term recovery and mental wellness.

We are committed to creating a safe, supportive environment where patients can access ongoing treatment while managing their daily responsibilities, empowering them to rebuild their lives with a strong foundation in mental health and sobriety. We offer both telehealth (virtual) and in-person visits to enhance accessibility and convenience, helping patients stay actively engaged in their treatment. Our in-house integrated laboratory allows for quick turnaround of lab results, enabling effective and timely monitoring. We accept most public and private insurance plans, including MassHealth and Medicare, as well as self-pay patients.

Treatment modalities offered by Elm Tree Clinic include Medication-Assisted Treatment (MAT) with Buprenorphine (Suboxone, Sublocade, Brixadi), Naltrexone (Vivitrol), psychopharmacology (psychiatric medication management for mental health disorders), and psychotherapy (individual and group therapy).

Our mission is to meet every patient's unique recovery needs. If you, a friend, or a loved one is struggling with a substance use disorder, please call us - our highly skilled and compassionate staff will guide you through the process smoothly and efficiently. For organizations or companies interested in collaborating with us to better serve the community, we welcome partnership inquiries.

Contact us at 1-833-ELM-TREE (1-833-356-8733)



Address:

12 Wood Street, Suite 2,
Lowell, MA 01851

Phone Number:

833-356-8733 ext. 303

Website:

www.elmtreeclinic.com

Email:

elen.gevorgyan@elmtreeclinic.com

HARM REDUCTION

- Better Life Partners
- CleanSlate
- Lowell Community Opioid Outreach Program (CO-OP)
- NILP Northeastern Recovery Learning Center
- Supporting Moms, Strengthening Families
- Syringe Collection Program (Lowell Health Department)

Better Life Partners

Better Life Partners provides high-quality medical and behavioral health care for people with substance use disorder (opioid use disorder and alcohol use disorder), in-person and online.

Our program includes medication-assisted treatment with medications like buprenorphine/naloxone (Suboxone) and supportive group therapy with licensed professionals.

Our treatment is tailored to each individual and we offer comprehensive care that's easy to access, no matter where you are in the state. We accept Medicaid, Medicare, most insurances, and a sliding fee scale. Regardless of financial situation, we help each person access the healing they deserve.



Better Life
PARTNERS

Address

44 South Main St
Suite 2
Hanover, NH 03755

Phone Number:

886-679-0831

Email:

claire.holtz@betterlifepartners.com

Website:

<https://betterlifepartners.com>

CleanSlate Outpatient, Addiction, Medicine

CleanSlate provides outpatient medication assisted treatment for opiate and alcohol addiction. We serve all of Merrimack Valley and the surrounding communities and accept many insurances including MassHealth, Medicare and most private plans. We also offer a self-pay plan for patients without insurance. On site counseling as well as care coordination provide support services as people travel down the road to recovery. To schedule an appointment or to set up a site tour, call 781-348-9041 or visit cleanslatecenters.com.

Website: www.cleanslatecenters.com

Lowell Community Opioid Outreach Program (CO-OP)

The Lowell Community Opioid Outreach Program (CO-OP) is an innovative program made up of first responders and clinicians that brings together public and nonprofit organizations to address the opioid crisis in the City of Lowell. The CO-OP is a partnership between the Lowell Police Department, Lowell Fire Department, Lowell Health Department, , and Trinity EMS.

The Lowell CO-OP is committed to reducing the number of deaths attributed to overdose and is helping its clients towards the path to recovery by bridging the gaps in treatment services.

The CO-OP follows-up with overdose victims and their families within 24-48 hours of an opioid overdose and facilitates access to treatment and harm reduction services for the overdose survivor and supportive services for their families. Children of overdose victims are referred to Project CARE for therapeutic and support services. The Lowell CO-OP completes outreach work specifically in the Lowell community by following up with clients in personal residences, the local shelter, and camp sites and offers education on treatment services, harm reduction, and other support services. The Lowell CO-OP also builds relationships with treatment providers and other local resources.



Address

170 Main St
Unit G4-G8
Tewksbury, MA 01876

Phone Number:

781-348-9041

Email:

Barmstrong@cleanslatecenters.com



Main Address:

107 Merrimack St.
Lowell, MA 01854

CO-OP Office

291 Summer St, Lowell,
MA 01852.

Phone Number:

Cell (978) 631-7240
Office (978) 856-1260

NILP Northeast Recovery Learning Community

NILP's Northeast Recovery Learning Community (NERLC) of Greater Lowell creates welcoming, safe, genuine, and understanding spaces where diverse communities gather for healing and growth. NERLC is committed to creating a strong peer-to-peer community for persons recovering from extreme emotional distress, trauma, co-occurrence, psychiatric diagnoses, addiction, and a variety of other challenges in life. The NERLC supports individuals who have lived experience with these life challenges find their own paths to recovery and wellness in the communities of their choice. By offering trauma-sensitive peer supports, we encourage each other to lead meaningful, productive lives and, together, create a welcoming and diverse peer community.

We offer the following services:

- Aging and Disability Resource Consortium (ADRC)/Long Term Care Options Counseling
- Community Support Services
- Independent Living Vocational Rehabilitation
- Long Term Services & Supports (LTSS)
- Nursing Home Transitions
- Personal Care Assistance (PCA) Program (Accepts MassHealth)
- Youth Services

Contact Dave Carignan or Mike Berggren at 978-687-4288 (ext. 200) for more information on NILP's services and eligibility for referral.



Address:

35 John St
Second Floor,
Lowell, MA 01852

Phone Number:

978-687-4288, ext. 200

Website:

www.nilp.org

Email:

Dave Carignan:
dcarignan@nilp.org

Mike Berggren:
mberggren@nilp.org

Supporting Moms, Strengthening Families

For pregnant and postpartum women with current or past substance use disorder. Supporting Moms, Supporting Families uses a multi-disciplinary approach to support women up to a year after delivery, including medication assisted treatment, nurse care management, behavioral health services, recovery coaching and educational support groups.

Syringe Collection Program (Lowell Health Department)

The Syringe Collection Program (SCP) was created to educate the community on the importance of safe and proper sharps storage and disposal, and to respond to discarded needle pick-up requests within the Lowell community.

The Syringe Collection Program Coordinator builds relationships with community organizations to identify locations of frequent needle discard, proactively removes discarded needles from reoccurring in public places, coordinates educational activities surrounding safe needle protocol, and is available to support community clean-up efforts. The Syringe Collection Program Coordinator also works to educate community organizations, neighborhood groups, schools, and youth-serving agencies regarding the importance of avoiding used sharps and the protocol to report discarded needles that are found in the community. There are two ways to report a discarded needle found in Lowell during program hours:

Call the program. Leave the address and specific location of where the needle(s) was found, the number of needle(s), and any additional information that is relevant to locating the needle(s). While it may be helpful to leave a return phone number in case more information is needed to locate the discarded needle(s), service is confidential and anonymous. Electronically submit a "Report a Hyperdermic Syringe" report. To do this, log into Civic Plus via the City of Lowell's website, www.lowellma.gov. For discarded needle pick-up requests outside of program hours, residents should call the Lowell Police Department non-emergency line at 978-937-3200. The Lowell Police Department will report the request to Trinity EMS. Residents should not call Trinity EMS directly to report a discarded needle.



Address

161 Jackson St, Lowell,
MA 01852

Phone Number:

978-941-2782 or
978-322-8848



Address:

107 Merrimack St
4th Flr
Lowell, MA 01852

Phone Number:

978-674-4304

Website:

www.lowellma.gov/1166/Sharps-Needles-Disposal

TREATMENT

- Bournemouth Health Systems
- Bridgewell, Inc.
- Casa Esperanza
- Children's Services of Roxbury
- Cleanslate
- Column Health
- Community Crisis Stabilization Program
- Cordant Health Solutions
- Institute for Health & Recovery
- Elm Tree Clinic
- Engage Wellness
- Farnum Center
- GateHouse Treatment
- HART House
- Holy Family Hospital
- Institute for Health & Recovery
- Into Action Recovery, Inc.
- Lowell Community Health Center, OBAT Program
- Lowell Community Health Center, PASS Program
- Lowell CTC
- The Megan House Foundation
- Merrimack Valley Sober Living, LLC
- Middlesex Recovery - MAT Chelmsford
- Recovery Centers of America
- Riverbend Addiction Treatment and Recovery
- Serenity at Summit Detox
- Sobriety Centers of NH
- Swift River
- Tewksbury Treatment Center (Lahey Behavioral Services)
- Harmony Health Group (Serenity at Summit New England & Blue Hills Recovery)
- Pyramid Healthcare
- Bridge to Recovery Care

Bournewood Health Systems

Bournewood's Adult Dual Diagnosis Partial Hospital Program (PHP) offers intensive treatment for adults with mental health and substance use disorders. The program provides a structured environment that places an emphasis on recovery, abstinence, and managing behavioral health symptoms.

Website: <https://www.bournewood.com>

Bridgewell, Inc.

Bridgewell strengthens communities by providing an unmatched range of social and human services that empower people with disabilities and other life challenges to live safe, self-directed, and productive lives. Bridgewell delivers support through community housing, day programs, outpatient treatment, recovery services, education, and employment training. We are committed to helping people in need, from those with autism to people with substance use disorders, become engaged members of their communities. Bridgewell is also the industry leader in developing innovative offerings in response to unmet or emerging needs. Bridgewell supports people with intellectual, developmental, psychiatric, and physical disabilities through community housing, day programs, employment services and other offerings.

For more information, please visit www.bridgewell.org or call 978-259-1370.



Address:
59 Lowes Way
Suite 200
Lowell, MA 01851

Phone Number:
978-330-7680



Address:
35 Market St
Second and Fourth Floor
Lowell, MA 01852

Phone Number:
978-459-0389

Website:
www.bridgewell.org

Email:
astephens@bridgewell.org

Casa Esperanza

Our goal is to help our patients successfully transition to services that will support their continued recovery. Conexiones CSS is the first and only bilingual/bicultural Clinical Stabilization Services (CSS) program in Massachusetts. Conexiones provides evidence-based substance use disorder treatment and integrated medical and support services. In the first week, each patient completes an assessment reflecting their treatment goals. Clinical stabilization services prepare patients for their transition to long-term services. Our goal is to stabilize and support patients as they move forward in their recovery.

Children's Services of Roxbury (CSR)

The Recovery Support Services offers recovery services and sobriety counseling to adults diagnosed with substance dependence. Services include individual and group counseling and case management.

CleanSlate

Cleanslate provides outpatient medication assisted treatment for opiate and alcohol addiction. We serve all of Merrimack Valley and the surrounding communities and accept many insurances including MassHealth, Medicare and most private plans. We also offer a self-pay plan for patients without insurance. On-site counseling, as well as care coordination, provide support services as people travel down the road to recovery.

To schedule an appointment or to set up a site tour, call 781-348-9041 or visit cleanslatecenters.com



Address:
365 East St
Tewksbury, MA 01876

Contact Phone:
857-293-2005

Website:
<https://www.casaesperanza.org/>

Contact Email:
Tewksbury@casaesperanza.org



Address:
1147 Main St
Suite 209 - 210
Tewksbury, MA 01876

Phone Number:
978-640-0089



Address
170 Main St
Unit G4-G8
Tewksbury, MA 01876

Phone Number:
781-348-9041

Community Crisis Stabilization Program

The Community Crisis Stabilization (CCS) Program is a six-bed program for adults (18+) who have MassHealth, Medicare, or who are uninsured. The typical length of stay is 3-5 days. We serve the communities of Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro and Westford.

We offer the following services:

- Medication evaluations
- Care management
- Supportive environment
- Individual and group counseling
- Coordination of care with other providers, family and other natural supports

For a referral for our program, you or your loved one must be evaluated by our mobile crisis team. Our crisis team is available 24 hours a day, 7 days a week, 365 days a year. Our Master's level clinician team can come to you or you can come to us for an onsite evaluation at 391 Varnum Avenue, Lowell, MA. To avoid a wait, contacting us at 800-830-5177 is recommended.

Cordant Health Solutions

Cordant Health Solutions™ processes thousands of urine samples a day for private-practice physicians, treatment agencies, drug courts, correctional facilities, businesses requiring pre-employment drug screens, professional health programs, clinical labs, hospital-based labs, and more. We can also do hair, oral fluid, and blood testing.

Urine testing is the most widely used drug-testing method for four simple reasons:

- Suitable for multiple testing goals
- Simple sample collection
- Extended window of detection
- Flexible testing options—point of care, traditional screening, and lab confirmation

Vinfen

Transforming lives together

Address

391 Varnum Ave.
Lowell, MA 01854

Phone Number:

978-674-6744

24 Hour Crisis Line:

866-388-2242

Website:

<https://vinfen.org/services/cbhc/>

Email

bhinfo@vinfen.org

Cordant

Health Solutions®

Address:

415 Main St
Suite 4 Worcester, MA
01608

Phone Number:

800-348-4422

Website:

www.cordantsolutions.com

Email:

info@cordanth.com

Institute for Health and Recovery (IHR)

The Outpatient Substance Use Program from the IHR offers a comprehensive range of substance use treatments which include services provided at homes, communities or the office setting. The dedicated clinicians collaborate with the youth, young adults, and families and offer parenting, mental health, and trauma counseling as part of their treatment plans.

Website: <https://www.healthrecovery.org>



Address:

97 Central St
Suite 207
Lowell, MA 01852

Phone Number:

617-661-3991

Elm Tree Clinic

Elm Tree Clinic's outpatient facilities, located in Lowell, Malden, and Quincy, specialize in comprehensive, evidence-based treatment for individuals facing substance use disorders (SUD) and co-occurring mental health disorders. Our multidisciplinary team provides personalized care plans that combine medical, therapeutic, and holistic approaches to support long-term recovery and mental wellness.

We are committed to creating a safe, supportive environment where patients can access ongoing treatment while managing their daily responsibilities, empowering them to rebuild their lives with a strong foundation in mental health and sobriety. We offer both telehealth (virtual) and in-person visits to enhance accessibility and convenience, helping patients stay actively engaged in their treatment. Our in-house integrated laboratory allows for quick turnaround of lab results, enabling effective and timely monitoring. We accept most public and private insurance plans, including MassHealth and Medicare, as well as self-pay patients.

Treatment modalities offered by Elm Tree Clinic include Medication-Assisted Treatment (MAT) with Buprenorphine (Suboxone, Sublocade, Brixadi), Naltrexone (Vivitrol), psychopharmacology (psychiatric medication management for mental health disorders), and psychotherapy (individual and group therapy).

Our mission is to meet every patient's unique recovery needs. If you, a friend, or a loved one is struggling with a substance use disorder, please call us - our highly skilled and compassionate staff will guide you through the process smoothly and efficiently. For organizations or companies interested in collaborating with us to better serve the community, we welcome partnership inquiries.

Contact us at 1-833-ELM-TREE (1-833-356-8733)



Address:

12 Wood St
Suite 2
Lowell, MA 01851

Phone Number:

978-341-4144

Website:

<https://elmtreeclinic.com/>

Engage Wellness

Engage Wellness is a day treatment program in Acton, MA. We offer day treatment, intensive outpatient and evening IOP both in person and virtually for those struggling with substance use disorder. For more information you can contact Eddie Behenna via email eddie@engagewellnessnow.com or by cell at 617-949-1406.

Farnum Center

The Farnum Center is a clinical, comprehensive alcohol and other drug treatment facility operating under the Easter Seals umbrella. Farnum provides quality treatment in 5 state-of-the-art facilities located in Manchester, NH, and Franklin, NH. A variety of insurance options are available. The Queen City Avenue facility in Manchester includes a medical detox unit with 30 beds, residential programs with gender specific treatment and a new 16 bed stabilization unit. Farnum's Outpatient Services location, also in Manchester, is a warm and spacious facility with large group rooms, an on-site drug screening laboratory and multiple offices for client and staff use. Outpatient programs there include an Intensive Outpatient Program (IOP) with several tracks, a Partial Hospitalization Program (PHP), the Open Access assessment program, a weekday walk in service with limited daily availability to determine appropriate placement, a robust suboxone clinic and many group meetings covering DWI Aftercare, Family Education, Parenting in Recovery and Innate Health. In addition, Farnum's transitional living facility in Manchester-with a 7-bed capacity- is designed for women seeking the structure of a sober living environment and lower-level outpatient care while transitioning back into the community.

The Farnum North facilities, Ray House and Webster Place, are located on a beautiful 15-acre property in nearby Franklin, NH. Ray House is a residential facility with a 21- bed capacity for women over the age of 18. Webster Place is also a residential facility with a 42-bed capacity for men. Open access assessments and outpatient IOP and PHP services are available there as well. Clients also enjoy a variety of recreational sports, music and other creative activities while staying at Farnum North.



Address:

164 Great Rd
Acton, MA 01720

Phone Number:

978-699-9786

Website:

www.engagewellnessnow.com

Email:

help@engagewellnessnow.com

FARNUM
easterseals.nh

Address:

140 Queen City Ave
Manchester, NH 03103

Phone Number:

603-622-3020

Cell:

917-797-6719

Website:

www.farnumcenter.org

Email:

FarnumAT@eastersealsnh.org

GateHouse Treatment

Our addiction treatment program is located in beautiful Nashua, New Hampshire, conveniently minutes from downtown Nashua. Our addiction treatment center in Nashua is an intimate setting with very individualized and focused care. GateHouse Treatment accepts most insurances and offers our clients the following treatment amenities and options:

- Individualized treatment plans
- Expert clinical care
- Safe and supervised housing
- 12-step immersion program
- Life skills & case management services
- Trauma therapy
- Routine and structure-based treatment

Lowell CTC

Lowell CTC-Lowell Program is a comprehensive treatment program providing quality medicated-assisted treatment to individuals in the Greater Lowell area seeking interventions for addictive disorders with a primary focus on opioid abuse and dependence. The Habit OPCO - Lowell Program partners with other local health and social service agencies and supports the City of Lowell and the Greater Lowell region. The primary goals of the program are to assist the individuals we serve to improve their quality of life and increase public safety within our community.

In 2014, Habit OPCO - Lowell relocated to a new, state-of-the-art medical facility, located in a light industrial area on the Lowell/Chelmsford town line. The program opened at the new site in August of this year after operating in an historical mill building since its original opening. The move, originally planned for April, was completed in August. The new site is located at 22 Olde Canal Dr., Lowell, MA 01851. The 14,000 sq. ft. building was renovated to accommodate the needs of the program which now provides services for over 950 patients. The building is separated into two distinct areas, one area for the dispensing of medication and the other for clinical services and administrative offices. Both areas of the program have large open waiting areas that make the facility feel warm and welcoming. The building features 6 large group rooms, updated IT equipment, including a new server and phone system, and five dosing windows. Lowell dosing schedule is Monday thru Friday 6 AM until 12 noon, Weekends and Holidays 6 AM until 11 AM. We provide early counseling starting at 4:45 AM, Thursdays until 6:30 PM, and Saturdays 6 AM until 11 AM.



Address:

419 Amherst St, Suite 105
Nashua, NH 03063

Phone Number:

855-448-3706

Website:

www.gatehousetreatment.com



Address:

22 Olde Canal Dr
Lowell, MA 01851

Phone Number:

877-771-0010

Website:

<https://www.ctcprograms.com/>

HART House

The HART House (Healing and Recovering Together) is an alcohol treatment program focusing on substance abuse treatment services. Located in Tewksbury Massachusetts, we provide substance abuse treatment with residential long-term treatment.

We can provide support for the following populations for drug rehab: dual diagnosis or persons with co-occurring disorders, pregnant or postpartum women, women, and provide beds for children of the client. Services in Spanish language are also available for clients. For services and more information, contact our intake number at 617-661-3991.

Holy Family Hospital

We are a comprehensive addiction program that provides a Day IOP, a Day SOAP, Step Down program, Recovery Group, and Individual Counseling. We tend to see people in the Merrimack Valley area, however if someone can get here from further all are welcome. The only requirements are that you are already detoxed and ready to make a change. The Day programs run Monday through Friday from 9 AM to 12:30 PM. The program runs for 3 weeks on a rotating schedule with various educational topics such as relapse prevention and communication. To complete the program with a Certificate, you must have all clean drug screens and two or fewer absences. Drug tests are given randomly twice a week and at intake. Step Down last for 6 weeks after the initial 3 weeks, however it is 3 days for 2 weeks, 2 days for 2 weeks, and one Day and one Recovery Group for 2 weeks. Recovery Group is available Thursdays 5 PM to 6 PM, for as long as you want to do it. If someone would prefer Recovery Group and not Step Down, they can choose to do that. In order to stay in all programs, you must remain sober. Individual counseling is available to anyone in or out of the program who needs counseling about their addiction and any co-morbidity. Most insurances are accepted as well as self-pay patients.

Address:
365 East St
Tewksbury, MA 01876

Phone Number:
978-851-0969

Intake Number:
617-661-3991

Holy Family Hospital
METHUEN | HAVERHILL

Address:
140 Lincoln Ave
Haverhill, MA 01830

Phone Number:
978-374-2000

Website:
www.steward.org
or
<https://www.holyfamilyhospital.org>

Email:
Melissa.stpierre@steward.org

Into Action Recovery, Inc.

Into Action Recovery, Inc. is a non-profit organization founded in 2015 by 2 sisters from Tewksbury and Wilmington, in an effort to fight the opioid crisis. Since that time, we have opened a long-term residential home that is highly structured and affordable. We model the philosophy of our home after the 12 Steps of Alcoholics Anonymous. Guests must adhere to a daily itinerary that consists of meetings, exercise, chores, meditation, inventory, random drug testing, community service, and making amends to all who have been affected by their behaviors. IAR is all about educating and preparing our guests to acclimate back in to their family life and to be productive members of society. In September of 2018, IAR opened the doors to our first home "Fox Run Sober Living", a beautiful 3900 square foot home that houses 12 beds. All of the renovations were completed by volunteers from our community. Our next goal is to raise enough funds to open a second home for women. Our Program Director is David Hanley, who is entering his 8th year of sobriety. David has dedicated his life to giving back and helping others find the path to recovery by assisting families and loved ones with finding detox beds, support services, and the navigation of the limited resources. IAR also serves as a resource for local police departments, as they often refer residents to our foundation for help.

For more information, please contact us at david@foxrunsoberliving.org or call 978-455-4869.

Website: <https://www.intoactionrecovery.org>



Address:

273 Dubuque St, Manchester,
NH 03102

Phone:

603-678-4740

Email:

info@intoaction.net

Website:

www.intoactionrecovery.org

Lowell Community Health Center

OBAT Program

Lowell Community Health Center (Lowell CHC) is a federally qualified health center serving low income, immigrant, and refugee populations in the Greater Lowell (MA) area. Services include: primary medical care; OB-GYN; behavioral health services; HIV testing; counseling and treatment; Office Based Addiction Treatment (OBAT) program; alternative therapies; case management; community health promotion; specialty care; 403(B) pharmacy; dental and vision clinics; an afterschool youth development program; and comprehensive school-based health clinics. Lowell CHC is a member of the Wellsense Care Alliance, a MassHealth Accountable Care Organization (ACO); a partnership between WellSense Health Plan and Tufts Medical Center, Lowell Community Health Center, Lowell General Hospital and Melrose Wakefield Hospital. This accountable care organization (ACO) is made up of doctors, hospitals and other providers who work alongside each other to improve access to care and reduce health disparities for low-income individuals and families.

Our mission is to provide caring, quality and culturally competent health services to the people of Greater Lowell, regardless of their financial status; to reduce health disparities and enhance the health of the Greater Lowell community; and to empower each individual to maximize their overall wellbeing.

In addition to its outpatient clinical programs, the OBAT department has a team of outreach educators who provide a variety of overdose and opioid related educational workshops, trainings, and patriciate in community events. The team collaborates with community-based programs, faith-based organizations, and the schools to provide these services. New projects are being incepted to provide more group work with specific populations such as women and recently released men from incarceration. Some of the services available within OBAT include medication-assisted treatment, nurse case management, recovery coaching, harm reduction resources, social services supports, and behavioral health services with a behavioral health clinician (counselor) and/or prescriber. Clients can engage with some or all of the services offered. There is "no wrong door" to enter and every treatment plan is patient specific.



Address:

161 Jackson St
Lowell, MA 01854

Phone Number:

978-322-8848

Website: www.lchealth.org

Lowell Community Health Center - PASS Program

PASS services are available to all patients of Lowell Community Health Center, with or without insurance. PASS offers testing for HIV, Hepatitis C, Syphilis, Chlamydia, and Gonorrhea with same-day treatment available for Syphilis, Chlamydia, and Gonorrhea. Access to Hepatitis C treatment as well as HIV treatment/Case Management services are offered subsequently to testing with the PASS Department. Naloxone (Narcan) education and distribution is offered via outreach as well as in-house to the Greater Lowell community to high-risk patients, families, and providers.



Address:

161 Jackson St, Lowell, MA
01852

Phone Number:

978-221-6767

Website:

<https://www.lchealth.org/health-wellness/healthy-community/hiv-sti-screening-treatment/>

River Bend

River Bend empowers people and their families to rebuild their lives and strengthen our communities by providing the skills and freedom to live a sober and dignified life. LHATR serves adolescents and adults struggling with addiction and consists of two divisions: Center for Integrated Treatment and Recovery (CITAR) and Residential Services.

The Center for Integrated Treatment and Recovery (CITAR) operates at 101 Jackson St, Lowell, MA, adjacent to Lowell Community Health Center. Services within this division include: Individual and Group counseling, Substance Use Disorder Evaluations, Education Programs, Structured Outpatient Addiction Program (SOAP), Case Management Programs, Diversion Programs, Outreach Programs, including Naloxone training and distribution, and Recovery Coaching.

River Bend has two Residential Treatment Programs for adults:

- The Men's Recovery Home, a 24-bed program
- The Women's Sheehan Program, a 40-bed program

Both programs are located on the grounds of Tewksbury State Hospital with a maximum stay of six months.

River Bend also offers sober housing:

- Hanover House, a six-bed sober house for men
- Saving Grace, an eleven bed women's sober house
- Zack's House, an eight-bed staffed transitional sober house for young men under the age of 30

Applications for Residential Programs and Sober Houses as well as additional information on all programs and activities offered by River Bend can be found on our website, <https://riverbendmv.org/lowell-house-transforms-into-riverbend-as-organization-rebrands/>



Address:

101 Jackson St
4th Floor
Lowell, MA 01852

Phone Number:

978-459-8656

Website:

<https://riverbendmv.org/lowell-house-transforms-into-riverbend-as-organization-rebrands/>

The Megan House Foundation

The Megan House Foundation, Inc. is a 501(c)3 non-profit organization whose mission is to transform the quality of life of its residents with emphasis on individual dignity, self-respect, and empowerment. We provide holistic, long term residential treatment for substance use disorders and co-occurring mental health conditions. Our continuum of care provides supportive sober housing for women early in recovery to enable their transition to independent living.

We were founded in 2015 by a local businessman who lost his daughter Megan at age 26 from a heroin overdose while waiting for a treatment bed. His vision was to open a residential treatment home for young women struggling with addiction and would be able to receive the help they needed throughout Massachusetts. Megan's House opened its doors on September 30, 2015. The house is located at 32 Berry Road in Lowell, Massachusetts. Megan's House is a 15-bed residential treatment home for young women ages 18 - 30 suffering with substance use disorder and co-occurring disorders. Unlike other models of recovery, Megan's House takes on a holistic approach and provides therapeutic services and creates individualized treatment plans for recovery and wellness. Individualized treatment plans are developed by our licensed clinician to address each resident's unique strengths, challenges, and needs. Some of the common treatment themes addressed include- but not limited to - dual diagnosis, co-dependency, medicated assisted treatment, trauma and loss, prenatal care, and reunification with children.

In 2017 The Foundation opened Erin's House an 8 -bed supportive sober house. Six years later Emma's house a 9- bed supportive House opened, both homes provide safe, sober supportive services to women early in recovery. Residents are allowed to live at either home for two years. Both homes provide on-site services to foster continued progress to post treatment programs and long-term recovery.

Megan's House is licensed by the BSAS and Erin's House and Emma's House are licensed under the Department of Public Health for Sober Supportive Housing.

The core funding for Megan's House is supported by the DPH/BSAS state contract, along with individual donations, sponsorships, corporate donations, community support and grants. Erin's and Emma's House is funded through rent, scholarships, a support services contract, and financial support through The Megan House Foundation. For more information, please visit www.themeganhouse.org

Please call 978-455-6973 to inquire about services or make a referral.



Address:

2100 Lakeview Ave
#9, Dracut
MA 01826

Phone Number:

978-606-9955

Website:

www.themeganhouse.org

Email:

info@themeganhouse.org

Merrimack Valley Sober Living, LLC

Merrimack Valley Sober Living is transitional living for those looking to integrate back into the community while recovering from Substance Use Disorder. Some of the support services we offer are in-house manager, 24/7 on-call Recovery Coach, weekly house meetings, and regularly scheduled urine screening. This model of living is best suited for those who have completed prior methods of inpatient or outpatient treatment and are ready for a more independent way of living. Currently, we accept applications for potential male residents. To access service, please contact us by email or by phone. You can also visit our Facebook page to view photos of our newly renovated house in Lowell, MA. House is equipped with coin-op laundry on site, WIFI/cable access, and flat screen TVs in every room. Single and double rooms available.

Middlesex Recovery – MAT, Chelmsford

Middlesex recovery is an organization serving as a place for treatment, connection, and healing toward substance use disorder. We treat our patients with respect, kindness, and equality. We offer ongoing medication-assisted treatment with Suboxone© and Vivitrol©. Our mission is to help each patient sustain a productive lifestyle, free from the harmful overuse of alcohol and addictive opiates.

In addition to medication assisted treatment, we offer psychosocial support for our patients. This includes recovery assessments, one-on-one counseling, and group sessions. We practice consistency, seeking to offer the best possible care for each recovering patient. Our focus is on providing patients with comprehensive care and support as they seek recovery from opioids or alcohol. We have many dedicated physicians on staff, as well as a comprehensive testing lab and a variety of social support groups. Our resources and unique approach allow us to serve each patient to the fullest.

Our program is available to anyone struggling with opioid or alcohol addiction. We have locations in Woburn, Chelmsford, Gloucester, and Stoughton.



Address:
68 Elm St
Lowell, MA 01852

Phone Number:
617-719-9620

Website:
<https://www.facebook.com/MerrimackValleySoberLiving/>

Email:
MValleySober@gmail.com



Address:
2 Courthouse Lane,
Chelmsford, MA 10824

Phone Number:
Chelmsford: 978.459.8074
Gloucester: 978.515.6417
Stoughton: 781.430.4590
Woburn: 781.303.9936

Website:
www.middlesexrecovery.com

Email:
nicolescione@middlesexrecovery.com

Recovery Centers of America

Recovery Centers of America provides patients with a complete continuum of care, including Acute Treatment Services (ATS) and Clinical Stabilization Services (CSS). Their comprehensive, evidence-based approach to treating addiction ensures all underlying aspects of addiction is treated.

Recovery Centers of America's full continuum of care includes: Medication-Assisted Detox, Residential Inpatient Care, Partial Hospitalization, Intensive Outpatient, General Outpatient, Medication-Assisted Treatment, and Social Support Programs.

Serenity at Summit Detox

Serenity at Summit is a licensed and accredited provider of alcohol and drug rehab services. We provide detoxification services to those that need medical supervision as they rid their bodies of addictive substances. This may include medications to deal with withdrawal symptoms or even a tapering method to wean clients off of the substance in the safest way possible.

We provide Addiction Treatment Services and Clinical Stabilization Services at our location in Haverhill, Massachusetts. The Serenity at Summit location in Haverhill is the perfect place to get started along the road to recovery. Here, our Acute Treatment Services programs works to rid the body of addictive substances, as well as our Clinical Stabilization Services to address the root of addiction while living at the treatment center. This facility provides the perfect environment for clients to comfortably and privately begin recovering from a drug or alcohol addiction. Our caring team of clinicians is trained in the latest evidence-based medical treatment methods. Contact us at 978-312-9830 for more information.

For support services, call our 24-hour hotline at (855) 931-2113



Address:
75 Lindall St
Danvers, MA 01923

Phone Number:
978-767-2847
1-800-RECOVERY

Website:
recoverycentersofamerica.com/danvers



Address:
61 Brown St
Haverhill, MA 01830

Phone Number:
978-312-9830

24 Hour Number:
(855) 931-2113

Website:
www.serenityatsummit.com/locations/haverhill-ma/

Sobriety Centers of NH

We offer inpatient detox and residential level of care in Antrim, NH. We also offer PHP/IOP (outpatient treatment) in Laconia, NH which includes housing, if needed.

Additionally, we are honored to be in the VA CCN network and treat Veterans' and First Responders in a culturally competent, trauma informed way.

Tewksbury Treatment Center

Tewksbury Treatment Center is a 32-bed inpatient detoxification service that treats and cares for clients (men and women, 18 and older) in need of medical detoxification from alcohol, opiates, and benzodiazepines. We treat all our clients with dignity and respect and believe that each person is unique. Our goal is to help you to your own path to recovery. At the Tewksbury Treatment Center, we understand substance use and addiction as a problem that has genetic, biological, psychological, and social origins. We work with men and women, age 18 and older, from across the greater Merrimack Valley and southern New Hampshire.

Our services include Medically monitored detoxification, Treatment, Group and individual counseling, Risk assessment for tuberculous, sexually transmitted diseases and HIV/AIDS, HIV education, Bio-social evaluation, Case management, Aftercare, and follow-up services.

Many sources refer a client to us, including families, hospitals, shelters, physicians and other health care providers, police, the legal system, and others. Clients may also self-refer. We accept most insurances, including private or commercial plans, Medicaid and Medicare. We also accept most major credit cards. Contact our Admissions Department at 978-259-7001.

Address:
55 Main St
Antrim, NH 03440

Phone Number:
603-458-4023

Website:
<https://sobrietycentersofnh.com/>

Beth Israel Lahey Health 
Behavioral Services

Address:
365 East St, Tewksbury,
MA 01876

Phone Number:
978-259-7000
Admission Number:
978-259-7001

Website:
<https://www.bilhbehavioral.org/location/tewksbury-treatment-center/>

Harmony Health Group (Serenity at Summit New England & Blue Hills Recovery)

Harmony Health Group strives to create and offer a community-oriented, consumer-centered, data-driven behavioral healthcare system that encourages resilience, advances wellness, and prioritizes the well-being of our community. We are devoted to equipping clients and their families with access to suitable and timely behavioral healthcare through a comprehensive and collaborative approach.

Harmony Health Group's Vision is for all communities to support wellness as a priority, and accessing treatment for mental health and substance use disorders is not only encouraged but the expectation so that all individuals can find healing, and growth and live healthy lives.

Harmony Health Group was founded in 2015 with the goal of providing a safe and therapeutic environment for individuals who struggle with substance use disorders. Our first facility offered clients a flexible continuum of care to navigate through their recovery journey. Since then, we've grown to ten locations across 5 states and expanded to include co-occurring and primary mental health care in our portfolio to better serve the needs of individuals in our communities. Harmony Recovery Group became Harmony Health Group in late 2022 upon acquisition by Thrive Healthcare. We are dedicated to the expansion and access of quality care for behavioral health needs always backed by evidence-based care delivered through a team of professionals passionate about their work.



HARMONY
HEALTH GROUP



Address:
61 Brown St
Haverhill, MA 01830

Phone Number:
978-979-1512

Website:
www.hhgcares.com

Email:
bmullen@harmonyrecoverygroup.com

Swift River

Swift River is an ideal place for substance use treatment in Massachusetts. Our campus is located on 250 acres of beautiful land in the Berkshire Mountains. We offer state-of-the-art medical detox and residential services, along with a hybrid of evidence-based group modules and other healing arts.

Careful diagnosis and treatment of co-occurring conditions is integral to our program. Our mission is to provide premier quality, individualized, and evidence-based behavioral health treatment in a safe and comfortable environment that is mentally, physically and spiritually enriching. We believe in using all of the most effective tools available to combat addiction, including Medication-Assisted Treatment. Swift River specializes in experiential therapies, including an adventure ropes course, hiking, snowshoeing, music and art therapy.

Swift River is in-network with most insurances and is a preferred provider with the VA. We also provide round-trip transportation for clients.

Let us help you live out your best future!



Address:
151 South St
Cummington, MA 01026

Phone Number:
(413)-471-8881

Email:
Rachael.Caplin@regardhealthcare.com

Website
info@swiftriver.com

Pyramid Healthcare

Acute Treatment Services (ATS) and Clinical Stabilization Services (CSS) in Concord, MA. We provide comprehensive withdrawal management (Detox) and residential treatment services for adults with substance use disorder, alcohol use disorder, and co-occurring mental health.

We provide 24/7 admissions, transportation throughout Massachusetts, and Medical Assisted Treatment (MAT).



Address:

785 Main Street, Concord,
MA 01742

Phone Number:

(978) 844-8696

Email:

gplakias@pyramidhc.com

Website

pyramid-healthcare.com

Bridge to Recovery Care

Bridge to Recovery Care is an outpatient hospital department that provides patient care to the substance use disorder population of Greater Lowell. We assist with detox placement, offer recovery coaching and social work services, provide medication treatment of substance use disorders, and have an Addiction Consult Team that conducts inpatient rounding of Lowell General's main campus, saints campus, and emergency departments. In September of 2024, we added a second location that allows us to split the patient population to reduce potential triggers. We accept walk-ins and can be reached at 978.934.8494 to schedule an appointment.

Address:

33 Bartlett St Suite 108,
Lowell MA 01852

Phone Number:

978-934-8494

Email:

madison.beaulieu@tuftsmcmedicine.org

MENTAL HEALTH SERVICES

- Anne M. Grant, LICSW
- Bridgewell inc.
- Vinfen
- Elm Tree Clinic
- Frontline
- Ferreras Counseling & Wellness Center
- Greater Lowell Pediatrics
- William James College
- Beth Israel Lahey Health
- Innovive Health
- Lowell Community Health Center
- Lowell Emergency Psychiatric Assessments & Services
- The NAN Project
- NILP Northeast Recovery Learning Community
- Samaritans of the Merrimack Valley
- PATH Program
- Wayside Lowell
- Wilimington Police Department

Anne M. Grant, LICSW (Private Practice)

Anne M. Grant, LICSW provides outpatient therapy to North Andover and surrounding towns. The private practice specializes in treating trauma, depression and anxiety, which can co-occur with substance use, utilizing CBT, EMDR, and Solution Focused and Narrative Therapy. BCBS, Tufts, and Medicare are accepted. Anne M. Grant's private practice provides treatment to children, adolescents, adults and families. Anne M. Grant is currently not accepting new patients.



Address:

121 Middle St, Manchester,
NH 03101

Phone Number:

978-408-3482

Website:

<https://annemgrantlicsw.com>

Email:

agrant@annemgrantlicsw.com

Bridgewell, Inc.

Bridgewell strengthens communities by providing an unmatched range of social and human services that empower people with disabilities and other life challenges to live safe, self-directed and productive lives. Bridgewell delivers support through community housing, day programs, outpatient treatment, recovery services, education and employment training. We are committed to helping people in need, from those with autism to people with substance use disorders, become engaged members of their communities. Bridgewell is also the industry leader in developing innovative offerings in response to unmet or emerging needs. Bridgewell supports people with intellectual, developmental, psychiatric and physical disabilities through community housing, day programs, employment services and other offerings.

For more information, please visit www.bridgewell.org or call 978-259-1370.



Address:

35 Market St
Second Floor
Lowell, MA 01852

Phone Number:

978-459-0389

Website:

www.bridgewell.org

Email:

astephens@bridgewell.org

Community Crisis Stabilization Program

The Community Crisis Stabilization (CCS) Program is a six-bed program for adults (18+) who have MassHealth, Medicare, or who are uninsured. The typical length of stay is 3-5 days. We serve the communities of Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro and Westford.

We offer the following services:

- Medication evaluations
- Care management
- Supportive environment
- Individual and group counseling
- Coordination of care with other providers, family and other natural supports

For a referral for our program, you or your loved one must be evaluated by our mobile crisis team. Our crisis team is available 24 hours a day, 7 days a week, 365 days a year. Our Master's level clinician team can come to you or you can come to us for an onsite evaluation at 391 Varnum Avenue, Lowell, MA.

Vinfen

Address:

391 Varnum Ave
Lowell, MA 01854

Phone Number:

800-830-5117

Hotline

978-322-5120

Website:

<https://vinfen.org/cbhc-welcome-reception/>

Elm Tree Clinic

Elm Tree Clinic's outpatient facilities, located in Lowell, Malden, and Quincy, specialize in comprehensive, evidence-based treatment for individuals facing substance use disorders (SUD) and co-occurring mental health disorders. Our multidisciplinary team provides personalized care plans that combine medical, therapeutic, and holistic approaches to support long-term recovery and mental wellness.

We are committed to creating a safe, supportive environment where patients can access ongoing treatment while managing their daily responsibilities, empowering them to rebuild their lives with a strong foundation in mental health and sobriety. We offer both telehealth (virtual) and in-person visits to enhance accessibility and convenience, helping patients stay actively engaged in their treatment. Our in-house integrated laboratory allows for quick turnaround of lab results, enabling effective and timely monitoring. We accept most public and private insurance plans, including MassHealth and Medicare, as well as self-pay patients.

Treatment modalities offered by Elm Tree Clinic include Medication-Assisted Treatment (MAT) with Buprenorphine (Suboxone, Sublocade, Brixadi), Naltrexone (Vivitrol), psychopharmacology (psychiatric medication management for mental health disorders), and psychotherapy (individual and group therapy).

Our mission is to meet every patient's unique recovery needs. If you, a friend, or a loved one is struggling with a substance use disorder, please call us - our highly skilled and compassionate staff will guide you through the process smoothly and efficiently. For organizations or companies interested in collaborating with us to better serve the community, we welcome partnership inquiries.

Contact us at 1-833-ELM-TREE (1-833-356-8733)



Address:

12 Wood St
Suite 2
Lowell, MA 01851

Phone Number:

978-341-4144

Website:

www.elmtreeclinic.com

Front Line Services

Front Line Services works with communities to create practical solutions to the mental health crisis. We offer consultation, clinical services, grant writing services, and training. Our clinical services work with most major insurances. Amongst an unprecedented mental health and substance misuse epidemic they provide supports to communities, law enforcement and other first responders, connecting them with services – this can include consultation, grant writing, community response teams, CoResponse/CIT teams, community support centers, post-crisis outreach support and more.

Ferreras Counseling and Wellness Center

Our mission is to serve the community with dignity and respect. We are committed to helping clients through their healing process, as well as, helping those who have behavioral challenges realize that changes in their own behavior are an important part of healing. We also believe working with both sides is an important aspect of creating a less violent society. The Ferreras Counseling & Wellness Center offers cultural and linguistic appropriate behavioral health services. Their clinical specialties are Depression/Anxiety, PTSD/Anger Management, Bipolar/Schizophrenia, Ethnic/Cultural Minority Issues, Psychological Evaluation and Treatment in general and Victims of Domestic violence and abusers. Ferreras also offers Substance Use Disorder groups in Spanish and English.



FRONT LINE

Address:

90 Hampshire St,
Methuen, MA 01844

Phone Number:

(978)-309-5445

Website:

www.frontlinesvs.com



Address:

Heritage Place - Building 2,
439 South Union St
Suite 104
Lawrence, MA 01840

Phone Number:

978-648-8515

Website:

www.ferrerascounselingwellness.com

Email:

referrals@ferrerascounselingwellness.com

Greater Lowell Pediatrics

Greater Lowell Pediatrics serves children 0-23 years old and has two locations, one in Lowell and one in Westford. Our catchment area is the Merrimack Valley and Nashua, New Hampshire. Greater Lowell Pediatrics provides integrated care that includes medical, public health, and mental health providers.

INTERFACE Referral Service (William James College)

Wondering about what mental health services exist in and around your community? How to navigate the mental health system in Massachusetts and where to find information about mental health related topics? Find answers at the William James College INTERFACE Referral Service!

Members of subscribing communities may call the William James College INTERFACE Referral Service Helpline at 888-244-6843 (Monday to Friday between the hours of 9 AM and 5 PM) for resource information and/or provider referrals matched by a mental health professional. To find out if you are eligible to use our service, please visit www.interface.williamjames.edu for a list of subscribing communities.

William James College INTERFACE Referral Service also works to increase awareness of mental health issues impacting children, families and adults and to facilitate access to appropriate services. Learn more about anxiety, depression, divorce, substance use disorder, suicide and much more at www.interface.williamjames.edu.



Greater Lowell Pediatrics
Boston Children's
Primary Care Alliance

Address:
33 Bartlett St
Suite 305
Lowell, MA 01852

Phone Number:
978-452-2200

Website:
www.greaterlowellpediatrics.com



WILLIAM JAMES
COLLEGE

INTERFACE Referral Service

Address:
1 Wells Ave
Newton, MA 02459

Phone Number:
888-244-6843

Website:
interface.williamjames.edu

Email:
tanya_snyder@williamjames.edu

Beth Israel-Lahey Behavioral Health Services

Lahey Behavioral Health Services is a member of Lahey Health. We serve the greater Boston area, the North Shore and the Merrimack Valley to provide individual and group therapy for mental health and substance use issues. We also provide addiction treatment; family services (including couples counseling); mobile crisis teams for behavioral and substance-related emergencies; inpatient psychiatric care, plus home and school-based programs for children and teens. Many of our services are available in Spanish, Khmer and other languages as well as English.

The following is a sample of the services we have to offer:

- Outpatient Counseling – Depression, eating disorders, trauma, school-based student assistance
- Children’s Behavioral Health – CSAs (community service agency), In-Home Therapy and Therapeutic Mentoring
- Addiction Treatment – Outpatient and inpatient treatment and prevention for adults and teens
- Inpatient psychiatric care
- Psychiatric emergency services and psychiatric psychopharmacological care
- Youth residential programs – and a specialized alternative day school

Lahey Health Behavioral Services works with many hospitals, primary care providers, social service agencies and other organizations to provide quality treatment for patients who need addiction treatment and/or mental health services. We accept most health insurances, as well as major credit cards, MassHealth, Medicaid and Medicare. For information on services for you or someone you know, contact us at 978-968-1700 (Monday - Friday: 8:30 AM - 5:00 PM).

Address:

199 Rosewood Dr
Suite 250
Danvers, MA 01923

Phone Number:

978-968-1700

Website:

www.nebhealth.org

Email:

info@nebhealth.org

Beth Israel-Lahey Behavioral Health Services Jail Diversion Program

The Lahey Behavioral Health Services Jail Diversion Program works in conjunction with the Towns of Tewksbury, Billerica, Dracut and Chelmsford Police Departments to provide co-response and follow-up Crisis Mental Health Services to citizens in these communities. This service offered through Lahey Behavioral Health Services Emergency Psychiatric Services (Mobile Crisis) Team provides a crisis trained clinician who acts as the intermediary between the citizen, police, hospital and crisis provider and can assist with holistic client care. The Jail Diversion Clinician serves as a co-responder with police officers in these communities allowing for a live immediate response to emergency psychiatric issues. In addition, the Jail Diversion Clinician can act as a mental health care provider during gaps in services, provide case management services, outreach and guidance for family members. The Tewksbury Collaborative JDP program provides comprehensive mental health services, assistance with attainment of levels of care, and transportation to treatment as needed through Our Community Transportation Grant Program.

The Tewksbury JDP Collaborative in partnership with Lahey Behavioral Health Services works closely with its partners: Lowell General Hospital, Department of Mental Health, and the Lowell Crisis Team.

Address:
918 Main St
Tewksbury, MA 01876

Phone Number:
978-968-1700

Website:
www.nebhealth.org

Email:
info@nebhealth.org

Innovive Health

As one of the nation's fastest growing home health agencies, Innovive Health has been delivering strong clinical outcomes for more than two decades. We are a leading provider of innovative home care serving individuals with complex behavioral health conditions. Our dedicated team focuses every day on an underserved population, providing quality care in the safety and comfort of their homes and communities.

Serving most of Massachusetts – North to NH border, West to Worcester, South to Newbedford, East to North Shore.

Referrals can be make online, by phone 800-915-3211, option 2, or fax 844-546-7580

Lowell Community Health Center Behavioral Health Services

Lowell Community Health Center Behavioral Health Services supports cultural diversity and clinical excellence. With an experienced team of bi-lingual, bi-cultural Clinicians and Prescribers, (and other support staff); treatment such as psychotherapy and psychopharmacology are offered. All of the professional staff develop individualized treatment plans that assist all patients in identifying unique needs and long-term goals.

We offer individual, family, couple and group (anger management, relapse prevention/harm reduction, parenting) counseling, medication management, acupuncture services and integrated services.

You do not need to be a patient of the health center to schedule an appointment. Appointments can be made by calling the health center or speaking with your Lowell CHC provider for a referral.



Address:

10 Cabot Rd #201,
Medford, MA 02155

Website:

<https://innovivehealth.com/>

Email:

cmackay@Innovivehealth.com

Phone:

800-915-3211



Address:

161 Jackson St
Lowell, MA 01854

Phone Number:

978-937-9700

Website:

www.lchealth.org

Lowell Emergency Psychiatric Assessments & Services

Serving the communities of Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro and Westford, we provide high quality, culturally competent behavioral health assessments, interventions and stabilization services for adults, teens and children who have a psychiatric emergency. Our Mobile Crisis Intervention Team can provide mobile services in your home, school, outpatient clinic, and at our offices 24 hours a day, 7 days a week, 365 days a year. After the initial assessment and intervention, we may remain involved for up to seven days.

We offer children and their families ongoing support and stabilization services, including:

- Continued individual crisis counseling
- Family meetings
- School meetings
- Referrals to other community services
- Education and support for parents

Upon completion of their assessment and intervention, we provide each family with a risk management safety plan. We will see anyone in need within the Greater Lowell area regardless of insurance.

To get a referral, call our crisis team at 1-800-830-7177 or come for a walk in at our office at 391 Varnum Avenue, Lowell, MA.

Address:

391 Varnum Ave
Lowell, MA 01854

Phone Number:

1-800-830-5177 (Crisis
Team)

Website:

<http://nebhealth.org>

The NAN Project

The NAN Project is an initiative that promotes mental health awareness and suicide prevention programs in classrooms across Massachusetts. We do this through a peer-to-peer model, where our peer mentors present their comeback stories to students with the goal of opening the conversation around mental health issues and reducing the stigma. These stories detail their struggles with mental illnesses, trauma, sexual identity/orientation, or other issues facing young people, but more importantly, discuss the supports they were able to access and the coping strategies they have employed to get on to a path to recovery. This approach creates a safe space for students to discuss mental health and related topics and educates them on the resources available and steps to take when concerned about themselves or a peer.

So that this is not a one-and-done approach, we also work with students to develop Peer Leadership Teams within the schools that will continue to educate their classmates about mental health, emotional wellbeing and the available supports through regular activities and events throughout the school year. We also provide professional development for school staff on the signs, risks and responses to a student in crisis, to ensure that there are trusted adults available to provide support for their students.

We have trained over 120 Peer Mentors and are constantly looking for additional young people that share our desire to tear down the stigma around mental health. The goal is to show all young people that there is help and there is hope.



Address:
125 Hartwell Ave
Lexington, MA 02421

Phone Number:
781-734-2016

Email:
info@thenanproject.org

Website:
<https://www.thenanproject.org>

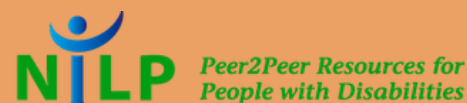
NILP Northeast Recovery Learning Community

NILP's Northeast Recovery Learning Community (NERLC) of Greater Lowell creates welcoming, safe, genuine and understanding spaces where diverse communities gather for healing and growth. NERLC is committed to creating a strong peer-to-peer community for persons recovering from extreme emotional distress, trauma, co-occurrence, psychiatric diagnoses, addiction, and a variety of other challenges in life. The NERLC supports individuals who have lived experience with these life challenges find their own paths to recovery and wellness in the communities of their choice. By offering trauma-sensitive peer support, we encourage each other to lead meaningful, productive lives and, together, create a welcoming and diverse peer community.

We offer the following services:

- Aging and Disability Resource Consortium (ADRC)/Long Term Care Options Counseling
- Community Support Services
- Independent Living Vocational Rehabilitation
- Long Term Services & Supports (LTSS)
- Nursing Home Transitions
- Personal Care Assistance (PCA) Program (Accepts MassHealth)
- Youth Services

Contact Dave Carignan or Mike Berggren at 978-687-4288 (ext. 200) for more information on NILP's services and eligibility for referral.



Address:
35 John St
Second Floor
Lowell, MA 01852

Phone Number:
978-687-4288, ext. 200

Website:
www.nilp.org

Email:
Mike Berggren:
mberggren@nilp.org

Samaritans of Merrimack Valley

Samaritans of Merrimack Valley became a program of Family Services of the Merrimack Valley in 2005. We are a suicide prevention and postvention center. We run a crisis help line, provided support groups and other support services to people who have lost someone to suicide, run a support group for people who have attempted suicide and survived, provide over 12 different trainings to all disciplines that are customized to your needs; provide DPH sponsored trainings for gatekeepers of older adults as well as a training geared for mental health professionals and middle age people, provide support for organizations after a suicide death and general suicide prevention work.

For all information on the services provided, either call or email Debbie Helms, Director, at 978- 327-6671 or dhelms@fsmv.org.

PATH Program

The PATH program is a partnership of the City of Methuen and Front-Line Services. The PATH program provides a wide range of services including Crisis Intervention Team embedded with Methuen PD, Community Response Team providing outreach to the community, and our Rapid Outpatient Team which provides short-term therapy to citizens of Methuen while they wait for a long-term placement. We work with all members of the City of Methuen regardless of insurance or ability to pay.

Call us at 978-208-5158 or email us at pathmethuen.gov



Address:

430 North Canal St
Lawrence, MA 01840

Phone Number:

978-327-6600

Website:

www.stop-suicide.org,
www.fsmv.org

Email:

info@fsmv.org



PATH PROGRAM
FIND YOUR PATH

A PARTNERSHIP BETWEEN
THE CITY OF METHUEN & FRONT-LINE COMMUNITY SERVICES

Address:

90 Hampshire Street
Methuen, MA

Phone Number:

978-309-5445

Website:

www.frontlinesvs.com/PATH

Email:

mpshelton@frontlinesvs.com

Wayside Lowell

Wayside Youth & Family Support Network provides a wide variety of mental health counseling and family support services to children, young adults, and families in Massachusetts. Wayside's mission is to: "Empower children, young adults and families to achieve greater independence and emotional well-being." Wayside provides in-home therapy/family-based services as well as out-patient counseling services for the Middlesex County area including service programs for young adults aged 17-24 and clients facing transitional housing is in the Somerville/ Arlington area and referrals are accepted from various MA communities.

Our newest location, Wayside Lowell, is home to Wayside's Community Service Agency; which provides Intensive Care Coordination as well as In-Home Therapy & Therapeutic Mentoring.

Community Care coordination focuses on helping families raising a child with behavioral issues. In home therapy/family-based services provides clinical and supporting in-home services to families needing more than outpatient therapy.

Individuals may self-refer for access to these services in Lowell. For other information on referral requirements for services, please contact us at 508-879-9800 or Beth Chin at beth_chin@waysideyouth.org.

Visit our website at www.waysideyouth.org for our full list of services.



Address:

73 E. Merrimack St
Lowell, MA 01852

Phone Number:

Main: 508-879-9800
Lowell: 978-221-6923

Website:

www.waysideyouth.org

Email:

beth_chin@waysideyouth.org

Wilmington Police Department

Funded by the Town of Wilmington, the Public Safety Department has an in-house clinician who has the ability to serve anyone connected to Wilmington, MA. The clinician works primarily in partnership with police and fire/EMT around calls for service involving mental health and substance use; in addition, the clinician assists in resources sharing, referrals and admissions, continuum of care, service applications, brief treatment, and crisis assessments.

Community members can access services outside of police/EMT involvement by contacting the Wilmington Police Department or by stopping into the station, all involvement is voluntary at the individual's choice. In addition, the Wilmington Substance Abuse Coalition organizes prevention and educational events to encourage community involvement and awareness of mental health and substance use across ages.

Website: www.wilmingtonma.gov/wilmington-substance-abuse-coalition



Address:

1 Adelaide
St Wilmington, MA
01887

Phone Number:

978-58-5071

Email:

sreif@wpd.org

Vinfen CBHC

A Community based Behavioral Health Center treating a diverse population. Their services include 24 hour mobile crisis, therapy, groups, Psychiatry, care coordination, peer support, and community crisis stabilization services for adults and adolescents.

Vinfen Behavioral Health takes a person-centered approach and prioritizes getting people what they need when they need it. Their dedicated staff and clinicians work with people, using evidence-based practices, on a broad range of issues including anxiety, depression, panic disorders, child and family concerns, school or employment-related challenges, domestic violence, stress management, substance use concerns, and trauma. They provide a variety of outpatient services for adults, families, and children (ages 4-18).

Vinfen

Transforming lives together

Address:

40 Church St
Lowell, MA 01854

Phone Number:

Danielle Cunningham
(857)523-8854

Website:

<https://vinfen.org/services/behavioral-health-clinics/>

Email:

cunninghamd@vinfen.org

RECOVERY AND SUPPORT SERVICES

- Alternative House
- BRIDGE Program (Tewksbury Police Department)
- Crescent House Transitional Residence Program
- GateHouse Recovery Solutions
- Learn to Cope
- Living House
- Living Waters
- Living My Dream Yoga
- Lowell Community Justice Support Center
- Lowell Transitional Living Center
- Massachusetts Alliance for Sober Housing
- Medical Reserve Corps
- NILP Northeast Recovery Learning Community
- Place of Promise
- Recovery Café Lowell
- Samaritans of Merrimack Valley
- Stepping Stones Sober House
- Steven Hines, Certified Peer Specialist - ENRM Veteran's Hospital*
- The Phoenix - Lowell
- Transitions Residential Recovery for Adult Men (Lahey Behavioral Services)
- UTEC
- Wilmington Police Department
- Zack's Team Foundation
- Zack's House
- The Bridge Club of Greater Lowell

Alternative House

Alternative House is a domestic violence shelter and advocacy program located in Lowell, Massachusetts. The mission of Alternative House is to facilitate the creation of a society in which violence and oppression will no longer exist. They are committed to the empowerment of all victims toward self-sufficiency. They do not discriminate against any race, class, culture, age group or sexual orientation.

They offer a variety of services. These include access to safe shelter, support, children's programming, legal, housing, and community advocacy. Alternative House offers emergency, confidential shelter for survivors of domestic violence, regardless of race, religion, and gender. They offer short term safe housing and shelter and work with victims to find a safe place to transition to. In addition, they also provide community education and support groups with the goal of reforming societal attitudes that permit violence and oppression against anyone. Education and training on domestic violence, teen violence, dating violence, and bullying prevention is also available.

Advocates for support or for shelter are present 24 hours a day, 365 days a year through our hour emergency hotline (1-888-291-6228 or 978-454-1436 for Local Lowell Line). Please contact us anytime for advocacy advice, shelter assistance referrals, or education/training.

Bridge Program (Tewksbury Police Department)

The Bridge Program is committed to serving our most vulnerable populations:

- Mental Illness
- Substance Use/Co-Occurring Disorder
- Family/Housing Issues

The core values of the Bridge Program include respect for individual's needs and preferences; a commitment to serve individuals regardless of their needs, resistance and presentation; increased access to service; value for individual natural support systems; and promoting needed services.

Contact one of our team members to see how we can work together to help you, or a loved one live your best life!



There's No Excuse for Abuse

Address

517 Moody St Unit 2
Lowell, MA 01854

Phone Number:

978-937-5777

24 Hour Emergency Hotline:

1-888-291-6228

Website:

www.alternative-house.org

Email:

Admin2@alternative-house.org



Address:

918 Main St
Tewksbury, MA 01876

Phone Number:

978-851-7373 Ext. 352

Email:

jwelch@tewksbury-ma.gov

Mruggiero@tewksbury-ma.gov

Crescent House Transitional Residence Program

The Crescent House Transitional Residence Program (CWT/TR), located in Lowell, MA, is a unique rehabilitation program which is designed to intervene in the cycle of homelessness and institutionalization by providing an environment in which veterans can acquire skills and supports needed to function productively and independently in competitive employment and community-based housing. They identify and address obstacles which have historically prevented individual Veterans from accomplishing the goals of independent living and competitive employment while also promoting clean and sober living.

To gain access to services, the following are required for eligibility:

- Eligibility for VA Services.
- Homeless or at risk of homelessness.
- Demonstrated commitment to sobriety.
- Demonstrated ability and interest in obtaining competitive employment and involvement in the vocational rehabilitation program at Bedford VA.
- Demonstrated active involvement in ongoing treatment and problem-solving activities related to reasons for homelessness, i.e. legal problems, substance abuse, mental health issues.
- A willingness to be a part of the community and share in duties and responsibilities of community-based living.

For more information regarding the Crescent House, including program details, individualized entrance requirements or an admission packet please call at 781-687-4922.



Address:
15 Veterans Way
Lowell, MA 01852

Phone Number:
781-687-4922

Website:
<https://www.va.gov/bedford-health-care/>

GateHouse Recovery Solutions

GateHouse Recovery Solutions is an in-network treatment provider for most insurance policies.

GH Recovery Solutions offers comprehensive substance abuse treatment that allows clients to create a foundation for their recovery. Our program allows the necessary time to heal and develop healthy coping and life skills. These are necessary to make sobriety a way of life. Our mission is to offer help and hope to you or your loved one to start a life in recovery.

Services include: Individualized & Group Therapy Sessions, Mental Health Groups & Counseling, EMDR Trauma Therapy, Experiential Psycho-Dramas, Unique 12-Step Immersion Process, Medication-Assisted Treatment Options, Medication Compliance and Management, Partial Hospitalization Program, Intensive Outpatient Program, and Relapse Prevention Skills.

Learn to Cope

Learn to Cope is a peer-led support organization for parents and family members coping with a loved one addicted to opiates or other drugs. Our members are people who love their children deeply, yet still find their families damaged by addiction. In partnership with the Massachusetts Department of Public Health, Learn to Cope has chapters in cities and towns across Massachusetts.

LEARN TO COPE offers:

- Weekly meetings where our members share experiences, resources, and strategies from their own journeys as they help their loved ones to treatment and recovery from opiates and other drugs
- A private, 24/7 online discussion board
- Guest speakers including individuals in long term recovery and addiction professionals
- Training in overdose prevention and the administration of nasal Narcan



Address:

491 Amherst St
Unit #105
Nashua, NH 03063

Phone Number:

888-345-2025

Website:

<https://www.ghrecovery.com>



Address:

4 Court St #110
Suite 110
Taunton, MA 02780

Phone Number:

Taunton: 508-738-5148
Lowell: 508-245-1050

Website:

www.learn2cope.org

Email:

itc@learn2cope.org

Living House

The Living House offers dignified and affordable homes for those who desire long term recovery from addiction. Our residents become part of a community where sobriety, self-sufficiency, and support – to and from others, are our cornerstones. Our commitment is to respect the privacy and independence of our residents, while offering the support and structure needed as residents participate in 12 step recovery meetings.

All our homes have been renovated and feature fully equipped kitchens, living rooms with large screen TVs, computer stations and bedrooms complete with linens and towels. Rent includes all utilities, internet, cable and laundry. We have homes available for both men and women. Men's homes are in Attleboro, Lowell, New Bedford, and Worcester. Women's homes are in Lawrence, Leominster, and Worcester.

Applications and more information on rules, expectations, and affordable rent rates are available online at www.livinghouse.org or by contacting 978-656-1882.

Living Waters

Living Waters Center of Hope is a CENTER where people from surrounding area churches and the community come together and serve the poor. We are a nonprofit 501(c)(3) charitable organization staffed and primarily volunteer run. We serve all races, creeds, and faiths; the rich and poor; those living in homes, apartments, shelters, and those without any.

We provide the following services to our community:

- Outreach Meals
- Outreach Services
- Educational Workshops
- Therapeutic Workshops

Our facility is open for services on Tuesdays and Thursdays from 9am to 11am and the 2nd and 3rd Saturdays of the Month from 9am to 1pm. For more information, please contact us at 978-323-4673.



Address:
365 East St
Tewksbury, MA 01876

48 Vernon St, Worcester,
MA 01610

**Headquarters Phone
Number:**
978-656-1882

Email:
info@livinghouse.org



Address:
10 Kirk St
Lowell, MA 01852

Phone Number:
978-323-4673

Website:
www.livingwaterslowell.org

Email:
info@livingwaterslowell.org
diane@livingwaterslowell.org

Living My Dream Yoga

Living My Dream Yoga is a Kripalu style yoga and meditation service. Christine Connolly began practicing yoga 20+ years ago as a personal practice to relieve stress, heal and live life on life's terms. Chris has been a certified 500-hour Kripalu Yoga teacher teaching since 2015. She is also a Reiki II Practitioner.

Chris is an RN of 40 years with experience in hospital nursing, home care and public health. She has worked at Middlesex Community College since 2015 as a Nursing Clinical Instructor.

Kripalu yoga is a gentle, meditative style of yoga that includes breath work, warm up movements leading into yoga postures. In the practice of Kripalu yoga, one is guided to move at your own pace, honoring your body's needs in each moment. The Kripalu approach is a compassionate, non-judgmental self-inquiry, connecting mind, body and spirit.

Yoga classes may include brief meditation practice. Meditation classes are also an option utilizing different styles of meditation for different personality preferences.

Benefits of yoga and/or meditation may include:

- Relaxation
- Relief of stress, anxiety & compassion fatigue
- Higher levels of awareness
- Increased focus and ability to learn
- Increased flexibility
- Decreased pain
- Improved overall health and wellness

Chris teaches yoga to adults in the Lowell area including weekly classes at North Chelmsford Community Center. She teaches for cities, towns or businesses that chose to offer yoga or meditation classes to their employees. Group classes and private or semi-private classes are available at her Lowell studio.

Contact Chris through her website, email (living.my.dream.yoga@gmail.com) or phone.

*Living My
Dream Yoga*

Address Varies –
Please call number provided below or visit website.

Phone Number:

978-551-4628

Website:

www.livingmydreamyoga.com

Email:

living.my.dream.yoga@gmail.com

Lowell Community Justice Support Center Office of Community Corrections- Massachusetts Trial Court

One way our state can continue to reduce incarceration is by focusing on community justice solutions that incorporate evidence-based practices. Community Justice Support Centers offer cognitive behavioral treatment, education, career counseling, clinical case management, and community service opportunities. Courts can sentence those convicted of crime to Intensive Supervision with Treatment at a Support Center in lieu of a sentence to the Department of Correction or House of Correction. Support Centers use actuarial assessments, individualized treatment plans, cognitive behavioral treatment groups, contingency management, motivational interviewing, and other highly effective techniques to engage participants in a course of change that can lead to lower recidivism over the long run. Through its network of 18 Community Justice Support Centers across Massachusetts, the OCC provides a venue for people that have been previously incarcerated to get help with state identification, housing, education, employment, and other emerging needs. This assistance is provided by the centers Re-entry Services Coordinators who may have lived experience to help navigate and mentor as one returns from incarceration. As well as, the Public Benefits Coordinators who will help access Mass Health, SNAP, and other publicly provided benefits.



Address:

33 E. Merrimack St
Lowell MA 01852

Phone Number:

(781)298-5344

Email:

jessica.pina1@jud.state.ma.us

Website:

<https://www.mass.gov/orgs/office-of-community-corrections>

Lowell Transitional Living Center

Lowell Transitional Living Center's - Engagement Bed Program's (EBP) main objective is to aid in the recent spike in HIV cases within the Merrimack Valley. Our clients meet with their case manager during the day, and sleep at the shelter at night. Funded by DPH, our target population is HIV Positive clients as well as those categorized as high-risk negatives. For HIV Positive clients, we find rental assistance, housing programs, and medical case management with Case Managers from Lowell Community Health Center. We also provide help with housing search, employment search, and detox transportation. For High-risk negatives, we focus on teaching risk reduction, PreP and PeP education, and motivational interviewing. To enter the Engagement Bed Program, our clients sit down with the program's Case Manager and complete an assessment.



Address:
193 Middlesex St
Lowell, MA 01852

Phone Number:
978-458-9888

Website:
www.LTLC.org

Email:
info@ltlc.org

Massachusetts Alliance for Sober Living

Since 2016, MASH has been awarded the contract to administer the voluntary certification of sober homes throughout Massachusetts. MASH's recovery values emphasize health, home, purpose, and community. Successful sober homes establish and reinforce healthy lifestyles, provide a safe and stable place to live, conduct meaningful activities, and build relationships and social networks for support. Through our network of certified sober housing and empirically based recovery principles, MASH's goal is to help create and foster these safe living environments for those with substance use disorders.

To find a certified sober home, go to the MASH website at mashsoberhousing.org and search under the "Certified Sober Homes" tab.



Address:
5 Edgell Rd. #30
Framingham, MA 01701

Phone Number:
781-472-2624

Website:
www.mashsoberhousing.org

Email:
office@mashsoberhousing.org

Upper Merrimack Valley Medical Reserve Corps

The Medical Reserve Corps is a national organization of civilian responders. This public health program is comprised of nearly 800 units and 300,000 members, serving the public across the United States and its protectorates. The local Upper Merrimack Valley MRC unit covers seven communities: Billerica, Chelmsford, Dracut, Lowell, Tewksbury, Tyngsboro and Westford. The host agent is the Westford Health Department.

MRCs provide 'surge capacity' in times of great need. Our local unit responds to disasters of all kinds. Examples include emergency shelter support across five of our seven communities in March 2018 during Winter Storm Quinn; medical and non-medical services during the gas explosions across Lawrence and Andover for ten consecutive days; staffing at an Emergency Dispensing Site in Lowell due to a measles exposure; hospital backfill when flooding required nursing home patients to be evacuated; numerous weather emergencies. Throughout the COVID-19 pandemic, widely diverse responses included guidance to prevent against disease, and measures to offset food insecurity. The unit is also busy year-round with non-emergency deployments, including public outreach.

Our unit is specifically interested in collaborating with our response partners across the region. We recruit, train, and deploy volunteers for public health emergencies, mass-casualty events, and ongoing community service. Our members provided medical and administrative support for most of the region's public flu and COVID clinics. Instructors from the UMV MRC train members in topics that include CPR and first aid, crisis behavioral health, clinical skills, and care for vulnerable populations. Community service activities include hypertension screening, health and wellness presentations, and outreach programs such as 'Stop the Bleed' and 'Until Help Arrives.'



Address:
55 Main St
Westford, MA 01886

Phone Number:
978-399-2549

Website:
www.UMVMRC.org

Email:
nburns@westfordma.gov

NILP

Northeast Recovery Learning Community

NILP's Northeast Recovery Learning Community (NERLC) of Greater Lowell creates welcoming, safe, genuine, and understanding spaces where diverse communities gather for healing and growth. NERLC is committed to creating a strong peer-to-peer community for persons recovering from extreme emotional distress, trauma, co-occurrence, psychiatric diagnoses, addiction, and a variety of other challenges in life. The NERLC supports individuals who have lived experience with these life challenges find their own paths to recovery and wellness in the communities of their choice. By offering trauma-sensitive peer support, we encourage each other to lead meaningful, productive lives and, together, create a welcoming and diverse peer community.

We offer the following services:

- Aging and Disability Resource Consortium (ADRC)/Long Term Care Options Counseling
- Community Support Services
- Independent Living Vocational Rehabilitation
- Long Term Services & Supports (LTSS)
- Nursing Home Transitions
- Personal Care Assistance (PCA) Program (Accepts MassHealth)
- Youth Services

Contact Dave Carignan or Mike Berggren at 978-687-4288 (ext. 200) for more information on NILP's services and eligibility for referral.



Address:
35 John St
Second Floor
Lowell, MA 01852

Phone Number:
978-687-4288, ext. 200

Website:
www.nilp.org

Email:
Dave Carignan:
dcarignan@nilp.org

Mike Berggren:
mberggren@nilp.org

Place of Promise

Place of Promise, based in Lowell, is a non-denominational Christian, registered non-profit 501(c)3 organization that provides adult long-term residential addiction recovery, children's programming for those impacted by addiction, and training. Our mission is to offer new life to society's most hurt and broken.

Residential Adult Recovery: Individuals come to Place of Promise with a long history of homelessness, incarceration, neglected medical conditions, mental disorders, abuse, trauma, and substance addictions. Referrals are received from social service agencies, drug and alcohol treatment centers, health care facilities, courts, prisons, family and churches. Combined with advocacy and clinical support for necessary medical and mental health care, we offer a weekly schedule of that includes time for journaling, prayer, Bible study and instruction in life skills such as relapse prevention, setting healthy boundaries, and support for education and employment - including tutoring of residents working on their SATs and applying for opportunities with MassRehab.

Kids of Promise: We currently offer a summer program, and with recent investments, will soon be able to offer year-round programming serving the children of Lowell.

Training: We provide training in Mentoring and Systems Advocacy to come alongside those in recovery.

We can be reached at 978-452-7217, info@placeofpromise.org, or through our website www.placeofpromise.org.



Address:
204 Ludlam St
Lowell, MA 01853

Phone Number:
978-452-7217

Website:
www.placeofpromise.org

Email:
info@placeofpromise.org

Recovery Café Lowell

Recovery Café Lowell is a member driven, Peer Recovery Support Center that upholds the value and potential of all human beings. We are a community of people who value the power of human connection as well as empower people to live self-directed lives. RCL is open Monday-Saturday from 8 am- 6 pm.

Membership Requirements

- Drug and alcohol free while in the space
- Attend weekly recovery circle
- Contribute to RCL community
- Follow the guiding principles

Guiding Principles

- Connect with love in ourselves and others
- Show mutual respect
- Cultivate compassion
- Encourage growth
- Practice forgiveness
- Give back

Address:

20 Williams St
Lowell, MA 01852

Phone Number:

(978) 677-6087

Fax:

(978) 677-6129

Website:

www.facebook.com/recoverycafelowell

Email:

info@recoverycafelowell.org

Samaritans of Merrimack Valley

Samaritans of Merrimack Valley became a program of Family Services of the Merrimack Valley in 2005. We are a suicide prevention and postvention center. We run a crisis help line, provided support groups and other support services to people who have lost someone to suicide, run a support group for people who have attempted suicide and survived, provide over 12 different trainings to all disciplines that are customized to your needs; provide DPH sponsored trainings for gatekeepers of older adults as well as a training geared for mental health professionals and middle age people, provide support for organizations after a suicide death and general suicide prevention work.

Stepping Stones Sober House

Stepping Stones Sober House is a sober house with a structured environment and a zero- tolerance policy. Our program is designed to provide a safe, sober, twelve-step oriented environment by which our clients can re-create their lives. Our program's mission is to stay sober and help another achieve long-term recovery from addiction. Stepping Stones Sober House's residents are welcomed into a clean and sober community for men.

Our primary focus is helping one another achieve their goals in recovery. Stepping Stones Sober House's residents are involved in a 12 Steps recovery groups are active in the community, and work to grow together in their journey of life. We are located near major bus stops and regional transportation stations.

Contact us at 978-751-0456 for further information on the application process and required criteria to access services.



Address:
430 North Canal
StLawrence, MA 01840

Phone Number:
978-327-6600

Website:
www.stop-suicide.org,
www.fsmv.org

Email:
dhelms@fsmv.org



Address:
233 Appleton St
Lowell, MA 01852

Phone Number:
978-751-0456

Website:
www.transitionalhousing.org/li/stepping-stones-sober-house

Steven Hines, Certified Peer Specialist – ENRM Veteran’s Hospital

Steven Hines is a member of the Community Recovery Connections Team (CRCT) at Bedford VA. He works in the Lowell region establishing and developing Veteran’s Coffee Socials. The Veteran’s Coffee Social is an informal networking intervention where we try to attract veterans who may be experiencing social isolation or who are simply seeking connection fellow veterans. We present about veteran-related topics, provide timely information and map VA services to veterans in a friendly and relaxed atmosphere. Stephen Hines cohosts Lowell Veteran’s Coffee Social with Lowell Veteran’s Service Officer, Eric LaMarche, each Friday morning at 8:00 AM at the Lowell Senior Center. He became affiliated with MOAPC in March of 2018 through a networking event at the Lowell Community Health Center. The connection with MOAPC has resulted in starting the Tewksbury Veteran’s Coffee Social with Tewksbury VSO, Lisa Downey, each Monday morning at 9:00 AM at the Tewksbury Senior Center.

If you have questions about VA services or would like to connect with fellow veterans in your area, please drop in and join us for a coffee and conversation.

The Phoenix – Lowell

The Phoenix Mission: The Phoenix offers a free sober active community to individuals who have suffered from substance use disorder and to those who choose a sober life. Using a peer support model, we help members heal and rebuild their lives while also striving to eliminate stigma around recovery. The only requirement is 48hrs continuous sobriety. Our programs are not intended to replace other forms of treatment, and we encourage members to engage in all forms of recovery that suit their individual needs. In the event of a setback, members are welcome and encouraged to return as soon as they have met the minimum sobriety requirements.

The Phoenix - Lowell Chapter is located inside the Office of Community Counseling building at 291 Summer St, Lowell, MA 01852.

To access our programming, you can go online to our website at thephoenix.org, click on participate and fill out the team member agreement along with the liability waiver or stop by our Lowell location and sign up there as well. Anyone is welcome as long as they can follow the minimum sobriety requirements.



Address:
200 Springs Rd.
Bedford, MA 01730

Phone Number:
781-687-3173



Address:
291 Summer St
Lowell, MA 01852

Phone Number:
978-677-6493

Website:
www.thephoenix.org

Transitions Residential Recovery for Adult Men (Beth Israel-Lahey Behavioral Services)

Transitions is a 65-bed stabilization and transitional program that provides a safe, drug and alcohol-free environment for men who are 18+ years old. At Transitions, we strongly believe in giving you a great treatment experience, and we are dedicated to having an environment that treats all with dignity and respect. We also understand that substance use, dependence and addiction have genetic, biological, psychological, and social origins.

To help you recover from your addiction, we must address all of these reasons, which are unique for each of our clients. We focus on individual needs and preferences when assisting clients achieve their goals in recovery. Also, our treatment focuses on asking you to consider the specific things that play a role in your difficulties

We offer the following services through our program:

- AA and NA 12-step groups
- Case management, treatment, and after-care planning, including referrals to long-term (half-way house) residential programs
- Group treatment
- Recreational activities and transportation
- Nicotine replacement therapy
- Medical services
- Discharge planning and follow-up
- Tobacco-free campus and location

To gain admission to Transitions, you must have been diagnosed with a substance use disorder and need transitional services between your current situation and the next level of care. We do not accept third-party (insurance) payments.

Please call 978-851-8776 for more information.

Address:
365 East St
Tewksbury, MA 01876

Phone Number:
978-259-7000
978-851-8776

Website:
<https://www.bilhbehavioral.org>

UTEC

Founded in 1999 in Lowell, Massachusetts, UTEC is a nationally recognized agency with the mission of igniting the ambitions of at-risk youth to trade violence and poverty for social and economic success. We serve young people from Lowell and Lawrence, Massachusetts. Through UTEC, we offer an intensive series of programs outlined with three specific outcome areas: Reduced recidivism and criminal activity, increased employability, and increased educational attainment.

Some program examples include the following: "Street Outreach and Gang Peacemaking" is the starting point of UTEC's program model. Street workers target and meet young people who are most disengaged and deeply involved in local youth gang networks. This sets the stage for peacemaking and bringing disconnected youth to UTEC. "Workforce Development and Social Enterprise" offers youth paid on-the-job experience. We focus on a pathway that starts with transitional employment and leads into opportunities for youth to be involved in the running of our own social enterprises. We also offer and provide education programs obtain their HiSET (formerly GED) and achieve civic engagement.

We look for clients to enroll in our program from the following demographics:

- Male and female older teens and young adults, ages 16-24
- Out of school without a high school credential with at least one risk factor:
- Gang-involved
- Court- or system-involved
- Pregnant/Parenting

If you know a youth who might benefit from UTEC's programs, we have an application available on our website at <https://www.utec-lowell.org/programs/Stworkers/referral-form>. Please feel free to call us for more information at 978-856-



Address:

35 Warren St
Lowell, MA 01852

Phone Number:

978-856-3902

Website:

<https://utecinc.org>

Email:

info@utecinc.org

Wilmington Police Department

Funded by the Town of Wilmington, the Public Safety Department has an in-house clinician who can serve anyone connected to Wilmington, MA. The clinician works primarily in partnership with police and fire/EMT around calls for service involving mental health and substance use; in addition, the clinician assists in resources sharing, referrals and admissions, continuum of care, service applications, brief treatment, and crisis assessments.

Community members can access services outside of police/EMT involvement by contacting the Wilmington Police Department or by stopping into the station, all involvement is voluntary at the individual's choice. In addition, the Wilmington Substance Abuse Coalition organizes prevention and educational events to encourage community involvement and awareness of mental health and substance use across ages.



Address:
1 Adelaide St
Wilmington, MA 01887

Phone Number:
978-658-5071

Website:
www.wilmingtonma.gov/wilmington-substance-abuse-coalition

Email:
sreif@wpd.org

Zack's Team Foundation

Zack's Team foundation was founded by Louise Griffin and Michael Gys following the passing of their son Zachary Dennis Gys after struggling with substance abuse for many years. We believe that recovery is possible. We consider it our duty to bring attention to the common misconceptions of substance abuse. It is our mission to provide knowledge, hope and funds to help those families and persons affected by this wide-spread epidemic and disease. Many people fail to realize that substance abuse takes over one's mind and body. It becomes a lifelong battle and it is almost impossible to win the battle alone.

Finding appropriate treatment programs can be expensive, difficult, and confusing. Zack's Team Foundation uses 100% of its proceeds to send individuals to treatment. We believe in a 12-step based approach committed to helping individuals overcome the disease of addiction. We are also committed to spreading awareness and reversing the stigma that is often associated with those that suffer from this debilitating disease.

To apply for a scholarship through Zack's Team Foundation, the following criteria must be completed:

- Residency in the Greater Lowell Area
- Between the ages of 18-30 years old
- Exhaustion of all other financial means

Applications are available online www.zacksteam.org. We are happy to answer all other questions you may have at zacksteam818@gmail.com.



Address:

21 Eastview Ave.
Billerica, MA 01821

Website:

www.zacksteam.org

Email:

zacksteam818@gmail.com

Zack's House

Zack's House is our staffed, transitional residential program for seven young men 18 to 26 years old to live and grow in a sober environment. Backed by Riverbend, Zack's House was purchased and designed to fill a major gap in recovery services to young men in early recovery from substance misuse. Typically, young men in early recovery go from the highly structured recovery home environment to independent living in a sober house with no transition and no community supports.

Zack's House fills that dangerous gap by providing a transitional program that includes:

- Daily meetings with an on-site recovery coach to review their recovery plan, work on developing job and independent living skills and plan for a sober future.
- Clinical consultation as needed with Clinical Director.
- Gender/Trauma-specific clinical groups.
- Health and Wellness groups and activities
- Relapse Prevention and Recovery Maintenance groups

To apply for housing with Zack's House, the following criteria must be completed:

- Completed a detox.
- 3-6 months in recovery (if at 3 months sobriety, then you must enter a Structured Outpatient Addiction Program on entrance to Zack's House).
- Active participation in recovery services or have completed a recovery program.
- Willing to abide by house rules.
- Active participation in a productive day: employment, school, volunteer work, recovery activities, etc.
- First and last month's rent down payment required

To apply, please fill out application and fax to Frank Campos, Supportive Case Manager, at 978-937-2559. For further information, you can call Frank Campos at 978-455-8516 or Diana Newell, Senior Director of Residential Services, at 978-459-8656, ext.14.



Address:

101 Jackson St, 4th Floor
Lowell, MA 01852

Phone Number:

Frank Campos:
978-455-8516

Diana Newell:

978-459-8656, ext. 143

Website:

<https://riverbendmv.org>

The Bridge Club of Greater Lowell

Welcome to The Bridge Club of Greater Lowell, a beacon of hope and support since its establishment in 2018 as a 501(c)(3) non-profit organization. Our mission is to create a nurturing space for individuals in recovery, offering solace, community, and a path to wellness.

Executive Director, Bob Cox, intimately understands the challenges of the recovery process. Seven years ago, he found inspiration at The Crossroads Club in Delray Beach while battling his own alcoholism. What Bob discovered went beyond a conventional support group - it was a thriving community committed to rebuilding lives. Recognizing the profound impact of this model, he was determined to bring the spirit of support and transformation back to Lowell.

Since opening our doors in January 2020, The Bridge Club has blossomed into a vibrant hub, hosting over 30 recovery meetings each week. Our diverse range of gatherings includes Alcoholics Anonymous, All Addicts Anonymous, Gamblers Anonymous, Overeaters Anonymous, and Recovery Dharma. If you're passionate about fostering recovery and would like to initiate a new meeting at our welcoming location, we encourage you to contact us.

Committed to being a constant presence in the lives of those seeking recovery, The Bridge Club is open 7 days a week, 365 days a year. Our dedicated staff of recovery coaches stands ready to guide individuals through their journey or support them in returning from a relapse. Beyond offering a safe haven for meetings, we extend our hand to provide additional services such as assistance with detox, rehab, and placement in sober living environments. We are proud to support individuals in recovery and those reintegrating into society from incarceration, helping them secure employment through our network of CORI-friendly employer partners.

At The Bridge Club, we are driven by a powerful mission – to stem the tide of alcoholism and addiction in the Greater Lowell Area and beyond. To contribute to our noble cause, please consider donating to The Bridge Club. Your support will enable us to continue making a positive impact and offering a lifeline to those on their journey to recovery.



Address:

33 E Merrimack St
Lowell, MA 01852

Phone Number:

978-454-6191

Website:

<https://www.bridgecluboflowell.org/>

Email:

bobc@bridgecluboflowell.org



GLHA
GREATER LOWELL HEALTH ALLIANCE

2026 Resource Guide

Vision



A healthier community through collaboration, education, and the coordination of services